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First Selectwomen's Corner

While many people take the time to kick back and enjoy the summer, it has been a very busy one for the Town of Old Lyme!

The construction of the Boathouse at Hains Park has begun in earnest. Scope Construction Company was the low bidder for the work, and Co-chair Paul Gianquinto has been working hard with them and town officials to be sure everything is on track. By now, you will have noticed the new, temporary fence around the construction area, the storage bins which are now housing many of the boats and other items from the old boathouse, and construction equipment hard at work. We still have to finalize the building plans for the bathrooms but, thanks to resident Jerry Karpuska, we have a good plan for upgrading them. The final results will be a new, bigger boathouse, a new basketball court, and upgraded bathrooms. The bathroom facility and pavilion will be completed after the major work to the boathouse is done. The BHPIC Committee has worked hard at coordinating everything and it will be great to finally see things completed.

In addition, the construction costs for the Rte 156 Bike Path and Sound View Improvements of an estimated \$877,000 was approved at a Special Town Meeting on July 18, 2016. The project on Hartford Avenue in Sound View includes new sidewalks, bump-outs, re-configured parking, new signs, landscaping

amenities such as trees, benches and bike racks, and Share the Road signage on the avenue. Bids were due on August 8th and, provided the bids are within the anticipated cost, we will begin construction after Labor Day.

You may notice that the waters of Rogers Lake are more visible, thanks to the herbicide treatment that was completed on July 5, 2016. Solitude Lake Management was chosen as the applicator for a treatment of Flumioxazin, or Clipper, to target the variable leaf milfoil and fanwort, both invasive weeds that have been growing rampant in Rogers Lake for years now. Though we were hoping to treat by the beginning of June, when growth was minimal, we had to wait for the final permit from DEEP. The permit allows for additional treatment in 2017 and 2018, as we anticipate that the weeds will grow back. While it would be nice to kill them off completely, that would mean a stronger herbicide with higher toxicity levels. We hope that in time, the invasive weeds will grow less and less each year,

continued on page 3



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reducing the amount of herbicide needed. For now, it is good to see this major step forward in our weed problems in Rogers Lake.

The First Congregational Church and the Town of Old Lyme sponsored three Forums on Climate Change in June, which were very informative and well attended. Sid Whelan worked hard with the Town to plan these workshops and the speakers were excellent. The forums talked about changing forecasts, major impacts over the past few years, and preparing for these changes in the future. Special thanks go out to Sid Whelan for his organizational skills in putting these forums together. We will keep you posted if this is something that we repeat or continue with more information.

The very FIRST Osprey Festival, hosted by the Lyme Old Lyme Chamber of Commerce, took place on Hartford Avenue on June 18th from 10 am to 8 pm. The street festival was quite well attended, and boasted many vendors and lots of great entertainment. Included in the day was a presentation on the Osprey by Paul Spitzer, a renowned expert on Osprey nesting and a native of Old Lyme. In addition there was a presentation by the Roger Tory Peterson Estuary Center, a newly formed group highlighting our estuary and the impact of our famous resident, Roger Tory Peterson. And of course, some great music groups, including Braiden

Sunshine, who competed on The Voice last year. It was a great event, and we hope that it will be repeated.

Of course, we also had our Annual Midsummer Festival, which began on July 29th with a concert on the lawn of the Florence Griswold Museum, featuring Braiden Sunshine, again, with his hometown band, Silver Hammer. The festival continued on Saturday morning with a 5K Fun Run at 8 am to benefit the Friends of Music, who are raising money for the Lyme Old Lyme Band and Chorus, one of two schools invited to play at the celebration acknowledging the 75th Anniversary of the attack on Pearl Harbor. The trip is quite expensive, especially when you factor in the transporting of instruments, but it is quite an honor to be invited to play for the event. The Festival continued with all of the regular events, including a dog parade/contest (I got to help judge at this event!), and lots of vendors with special wares from the Florence Griswold Museum down to the Phoebe Griffin Noyes Library. Even Town Hall was open for tours of our artwork and for the Senior Center artwork on special display! And of course, we ended the day with the Old Lyme Town Band, who unfortunately could only play for about 30 minutes due to the rain, but the rain did NOT stop the fireworks! The show went on as planned, and a great show it was!
continued on page 4



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SELECTWOMAN'S CORNER ... continued from page 3

It has been some time since we had to worry about rain for the fireworks, but we still had a crowd out there, and everyone gave their approval at the end.

There has been a lot of talk about the NEC Futures plan this summer, as we all await the final recommendation from the Federal Railroad Administration for their new plans. We have successfully gotten the advocacy of our CT delegation, including Senator Blumenthal, Senator Murphy and Congressman Courtney, as well as support in requesting a public information presentation by the FRA from State Senator Paul Formica and Representative Devin Carney. While the FRA has committed to no aerial structure, should Alternative 1 be part of the recommendation, we still have concerns about the impact of a tunnel under the CT River and the center of Old Lyme. Your letters during the comment period have been quite helpful in getting the attention of the FRA and we continue to make our voices heard.

Best wishes to Austin Hack, who is competing in the Summer Olympics in Rio in Rowing. We are so proud of you!

As you know, we have a big election coming in November, so if

you are not already registered to vote, be sure to do so. You can register with the Registrars on Mondays, or go to the Town Clerk's office to get the form to fill out. You can't vote if you are not registered!

- Did you know that Town Hall closed early one day due to NO WATER?
- Did you know that Exit 71 ramp would be closed for 14 days?
- Did you know that Old Lyme native Austin Hack was in the Olympics?

You would, if you are subscribed to the Town website. An email would automatically be sent to you, so go now to the website, www.oldlyme-ct.gov, click on the button Subscribe to News, and fill in the form. It's quick and easy, and you'll get all the information you need – automatically!

Best wishes for a wonderful year to all those students returning to school in September, whether back to the Lyme Old Lyme Schools, or off to college. You make us proud! On behalf of the entire Board of Selectmen, I wish you a healthy fall season.

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Child & Family Agency's Lyme/Old Lyme Auxiliary



A gorgeous poppy from the last Lyme/Old Lyme Garden Tour

2016 has been a busy year for Child & Family Agency, with a successful Annual Sale in New London and a lovely Garden Luncheon at the Old Lyme Country Club in June. But the efforts of the Lyme/Old Lyme Auxiliary continue as we endeavor to support the important work of Child & Family Agency of Southeastern Connecticut! Planning has already begun

for our 14th Lyme/Old Lyme Garden Tour, which will be held next June. Let us know if you would like to have your gardens showcased on the tour.

Coming up this holiday season, we again will be participating in the Agency-wide Polar Express program, which purchases gifts, clothing, and food items for Agency client families in need and delivers them in time for the holidays. Donations towards this program are welcome, as is help with shopping and wrapping. Look for notices in November.




We also look forward to our popular Cookie Walk in the Old Lyme Marketplace (exact location to be announced later). This



Goodies at the annual Child & Family Agency Cookie Walk

event usually coincides with the "Light Up Old Lyme" festival, and takes place on the morning of the first Saturday in December. What exactly is a "Cookie Walk"? Our members prepare their

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Child & Family Agency is a private, nonprofit organization dedicated to the well-being and development of all children and their families, with emphasis on the unmet needs of children lacking physical, emotional, and intellectual care and nurturing. With offices in New London, Essex, and Groton, Child & Family Agency is the largest nonprofit children's service provider in southeastern Connecticut. Volunteers in six auxiliaries from Essex to Stonington give of their time and talent to support the agency, by caring for children, hosting fundraising events, and participating in education services.

For more information, see www.childandfamilyagency.org.

New members are always welcome to join the CFA Lyme/Old Lyme Auxiliary! Share your time or talents as your schedule allows. Watch for notices about our Fall Membership



Patios and perennials from our last Lyme/Old Lyme Garden Tour

Meeting to take place in September or early October. E-mail cfa.lolauxiliary@gmail.com for more information or to get on our mailing list.

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Fun, Food, and Finds at Christ the King's Harvest Fun Day



Holiday decorations at the King's Rummage Sale.

and special finds. From bikes to books, toys to teacups, Easter baskets to Christmas ornaments, you'll find it here! At the popular **Silent Auction** you can bid on an assortment of new goods and services donated by area businesses and individuals. Last year's auction included a kayak, an elliptical trainer, and an oriental rug!

While you're shopping, let the kids entertain themselves at the Kids Zone: There will be games of chance and skill, plus crafts and activities like paint-a-pumpkin, face-painting, and cookie decorating.

Need to spruce up your home for fall? We've got it covered at the Plant & Produce Sale. Choose among premium mums, flowering

The annual Harvest Fun Day returns on Saturday, September 17, at Christ the King Church on McCurdy Road. From bargains to burgers, there's something for everyone in the family!

The King's Rummage Sale offers a bounty of bargains

cabbage and kale, and newly divided perennials from local gardens. Pumpkins, gourds, and apples available too!

When hunger hits, you can sample the Tasty Bites served up by the Christ the King Men's Club. Coffee, cider, and doughnuts in the morning; hamburgers, hot dogs, and grinders at lunchtime; snacks, ice cream, and drinks all day! And don't forget to stop by the Bake Sale, where delectable home-baked goodies await! With cakes and pies, cookies, cupcakes, and more — the hardest part will be deciding!



Pumpkins, gourds, and mums, oh my!

NEW THIS YEAR:

Live entertainment from area musicians!

Harvest Fun Day takes place at Christ the King Church, 1 McCurdy Road, Old Lyme, on Saturday, September 17, from 9 am to 3 pm. The Rummage Sale, Bake Sale, and Plant Sale will continue (while supplies last) on Sunday morning (September 18) from 9 am to 12 noon.

Visit christthekingchurch.net for directions and more information; or call 860-434-1669.

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Conservation Commission

Try Groundcovers in Place of Lawn



You can grow less grass and still have walkable areas in your yard. Here's some advice from Kathy Connolly, a landscape designer, horticulture consultant, and speaker from Old Saybrook (www.SpeakingofLandscapes.com).

When you're planning a lawn reduction, first ask yourself four questions:

1. How much of the outdoor space is "active," playing, dining, or entertaining?
2. How much of the area is lightly used?
3. Which areas are visible but rarely visited?

4. Which areas are rarely seen or visited?

Conventional turf is a time-honored solution for the most active areas, but largely unnecessary anywhere else.

Here are five reasons why other groundcovers are valuable, both visually and ecologically:

1. Groundcovers need no mowing but protect soil surfaces from drying sun and wind.
2. Bare soil is prone to nitrogen loss, as this key nutrient is volatile and easily lost. Groundcovers, both living and non-living, help keep this key nutrient available to plants. Some nitrogen-fixing groundcovers, such as clover and micro clover, measurably improve the nitrogen content in soil.
3. Groundcover prevents erosion during periodic downpours (and overzealous sprinkler systems).
4. Groundcover protects beneficial soil-dwelling microbes. In the case of biodegradable mulches, such as bark mulch and chopped leaves, the composted material becomes a food source for the soil microbe community.
5. Groundcover helps fight weeds. It not only fills space where weeds might take root, but it also reduces soil disturbances that can cause buried weed seeds to emerge and germinate.

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Duck River Garden Club



Outgoing President Barbara Rayel offers a flower to new President, Kathy Burton

L to R: Gail O'Sullivan, Treasurer, Bev Pikna, Assistant Treasurer, Kathy Burton, President, Fay Wilkman, Vice President, Suzanne Thompson, Recording Secretary, Paula Schiavone, Corresponding Secretary

groundcovers. There's a "groundcover" filter under "Plant Form and Size" at <http://plants.uconn.edu/search.php>.

Moss is a fine groundcover for low-traffic areas, especially where nothing else will grow. Visit www.MountainMoss.com, www.MossAcres.com, or www.Freds-Wild-Sod.com for pre-propagated moss sheets or moss growing supplies.

As we begin our 46th year of programs to the Old Lyme community, our goals are not only to continue to bring an understanding of gardening, landscaping, nature and conservation, but also to maintain the beauty of our town.

This year we will be starting something new! Our monthly meetings will be held in Memorial Town Hall on Lyme Street, and we are hoping even more community members will come and join us on the fourth Tuesday of the month. Our social time begins at 6:30 pm; our speaker at 7:00 pm; followed by a brief business meeting. We hope you will plan to join us!

Tuesday - September 27th Prior to 6:30 pm gather for ANNUAL MEMBERS' TAILGATE PLANT EXCHANGE. Bring divisions and/or surplus indoor or outdoor plants to share.
continued on page 12



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SUN, OCT 9 * 12-5PM
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DUCK RIVER GARDEN CLUB ... continued from page 11

PROGRAM: GARDNER'S SHOW AND TELL

This is an interactive program encouraging members who have questions to seek the answers from fellow Club members. It will be an opportunity to share your garden knowledge...what worked well, what did not, favorite tool, "What I've always wanted to know." In order to jump-start the discussion please send your questions to Nancy Strohla ncs68ct@snet.net prior to the meeting.

Tuesday - October 25th

Presenter: Patricia McNelis holds a master certificate in the Ichiyo Art of Ikebana

PROGRAM: IKEBANA—THE ART OF FLOWERS

Patricia will offer us a basic through advanced demonstration of Japanese floral design. She will provide us with the history and principles of Ikebana, moving from basic to more modern designs, which all possess the beauty of simplicity.

Tuesday - November 22nd - Combined meeting with Lyme Garden Club

Presenter: Linda Fleming, Master Gardener

This is not your typical lecture!! In a three-part workshop, Linda will give tips that demonstrate ideas for herbal gifts for friends, family, office staff, acquaintances, and neighbors. Members will become involved in putting together appetizers to desserts using herbs—great ideas for easy entertaining!

Tuesday - December 6th

Rogers Lake Community Center, Rogers Lake Trail, Old Lyme

PROGRAM: ANNUAL COMMUNITY WREATHMAKING EVENT

Please bring non-perishable foods for donation to the Shoreline Food Pantry. Also, please plan to bring a monetary donation for a local needy family identified by Lymes' Youth Service Bureau

For questions about our programs please contact Fay Wilkman
860-391-2622 or wilky286@msn.com

Florence Griswold Museum Fall 2016



Alida Fish, Metcalfe Collection #1,
2016. 24 x 20 inches.
Courtesy of the Artist

In Place: Contemporary Photographers Envision A Museum, on view October 1 through January 29, 2017 gives art lovers a new perspective on the distinctive character of the Florence Griswold Museum. A new body of work by ten artists reflects on this historic site and its meaning to artists and visitors alike.

Ten photographers have been invited to participate in the exhibition based on their ability to respond to diverse aspects of the Museum, past, present, and future. While some will feature people in their work, others will address the atmosphere of place, the plant life, and even the permanent collection of art and historical archives.



Peter Daitch, Florence Griswold Garden #1, 2016. 40 x 60 inches.
Courtesy of the Artist

The selected photographers are Tina Barney, Marion Belanger, Adrien Broom, Kate Cordsen, Peter Daitch, Alida Fish, Ted Hendrickson, Sophie Lvoff, James Welling, and Tom Zetterstrom.



Visitors of all ages await the Museum's Wee Faerie Village! This year's theme, A Flutter In Time: Faerie Houses Around the World & Across the Ages, is sure to enchant with over thirty miniature creations of art. Marvel at the detail and craftsmanship as you

visit prehistoric caves, pyramids, ancient temples, medieval cottages, and Victorian mansions. As part of the Wee Faerie Village exhibition, adults and children can enjoy a month (October 1 through 30) of fun faerie and themed activities. Check FlorenceGriswoldMuseum.org for a complete list.



The artistry of each faerie house is outstanding. The designers work for nearly a year on their creations.

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See 'Summer Sculpture Showcase 2016' at Studio 80 + Sculpture Grounds Through Mid-September



Clockwise from top left: 1. Part of his new 'Musical Masterworks' series, 'Look at Me' is a new piece by Gilbert Boro currently on view at the Sculpture Grounds. 2. View of the Sculpture Grounds at Studio 80 sloping down to the Lieutenant River in the rear with a bench designed by Gilbert Boro in the foreground. 3. See if you can find the Secret Garden!

Old Lyme is justifiably known as the Home of American Impressionism but did you know it is also widely regarded as a mecca for contemporary art as well? Gilbert Boro, a sculptor who has been deeply involved in the arts for more than 50 years, not only makes his home on Lyme Street in Old Lyme, but also has his studio there where he creates abstract sculptures that regularly draw national and international acclaim. Moreover, in the generous spirit of sharing his work with both the community and visitors from near and far, Boro chooses to open his 4.5 acre grounds to the public daily from 9 am to 5 pm at no charge.

The beautifully landscaped grounds that slope gently down to the Lieutenant River offer a unique *plein air* experience in the heart of Old Lyme's Historic District. Currently on display in the grounds is the 2016 Summer Sculpture Showcase,

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a juried exhibition featuring selected works by 12 nationally recognized sculptors from across the country interspersed among Boro's own, primarily large-scale, contemporary sculptures, along with works by 13 other contributing artists. The Showcase is on view through Sunday, Sept. 13. All are welcome to come and wander through the grounds and view the sculptures -- there's even a Secret Garden if you can find it! And bring your own picnic if you wish.

Boro recently completed the third piece in a new series of sculptures titled, 'Musical Masterworks.' Boro explains that this series was inspired in part by a performance in the Musical Masterworks chamber music series at the First Congregational Church of Old Lyme and also by a video at the Rhode Island School of Design Museum, both of which featured music by Dmitri Shostakovich. He continues: "These two performances followed me to bed numerous evenings until I woke up and started thinking about

how music evokes visual images in my mind. In days gone by, I used to transform music into colorful objects in my mind, hence my love of ballet and modern dance."

The series, which presently comprises "Stand by Me," (Ben E. King, 1961) "Lean on Me," (Bill Withers, 1972) and "Look at Me," (inspired by an unidentified musical artist in 2016 heard on a public radio broadcast), will be on display after the close of the 2016 Summer Sculpture Showcase. Boro says other pieces may follow in the series when he again finds visual inspiration in a piece of music.

The Sculpture Gardens at Studio 80 are located at 80-1 Lyme Street in Old Lyme. Contact the Studio 80 office at 860-434-5957 or visit www.sculpturegrounds.com for more information or to sign up for Studio 80 newsletters and view a listing of special events throughout the year.

The Cooley Gallery

THE COOLEY GALLERY

November 17 - January 7

All Paintings Great and Small. Features historic and contemporary works of art 12" in size or smaller. Artists from around New England, with a concentration in Connecticut, participate in this annual

show. Both artists well-known to Cooley Gallery enthusiasts are returning, as well as new artists showing for the first time at the gallery.

Opening reception: Thursday, November 17 from 5 pm to 8 pm. Admission is free.

Visitors are welcome and encouraged Tuesday through Saturday from 10 am to 5 pm and Sunday from noon to 4 pm or online anytime at www.cooleygallery.com. The Cooley Gallery, 25 Lyme Street, Old Lyme. www.cooleygallery.com; 860-434-8807

Refreshing White Wines

When it is time to for picnics, trips to the beach and barbecues nothing compliments summer like a refreshing glass of white wine. Instead of shopping for your go-to Chardonnay or Pinot Grigio, use this time to experiment with a wide variety of unique white varietals and white blends.

If you are looking for something very light with a mild effervescence look no further than a Portuguese "green wine", or Vinho Verde. These wines are low in alcohol and typically inexpensive. This can be a great substitute for a sparkling wine if you are looking for something lightweight and refreshing.

Another light style wine that has nice acidity and good flavor is White Bordeaux from France. Typically comprised of Sauvignon Blanc and Semillon, these wines compliment seafood perfectly. France is also well known for their Rhone Valley varietals; Marsanne, Rousanne, Viognier and Ugni Blanc. These varietal are beautiful on their own and are also blended together to make beautiful Côtes du Rhône Blanc and Châteauneuf-du-Pape Blanc. Another beautiful French varietal from the Muscadet region in the Loire Valley is Melon. Clay soils and granite slopes give this white great minerality with an occasional touch of effervescence.

Another great white varietal is Chenin Blanc. Most popularly found as a single varietal in South Africa where it is crisp and dry with complexity, it is also well known as Vouvray in France where it tends to be fruity. In California it is used in a lot of blending, especially with Viognier, but it is becoming more popular as a stand-alone varietal.

There are lots of sweeter varietals like Riesling, Gewürztraminer and Moscato which are becoming increasingly popular as well. If you like your wine very sweet Moscato is the way to go, and if you prefer just a hint of sweetness you can choose a blend that uses some drier grapes like Chardonnay and Sauvignon Blanc and blends in the Riesling. Sweet wines are always a great compliment to spicy foods, cheese platters and desserts.

Prep your palate for some new found gems and seek out your favorite wine guru to guide you to some fresh new white wines for this summer. Whether you are hosting an event or simply enjoying a gorgeous day on the back deck these great white varietals will not disappoint!

Art LiPuma ~ General Manager
SeaSide Wine & Spirits, Old Saybrook, CT

Presidential Election November 8, 2016

The ballot for the November 8, 2016 Election will include President and Vice-President, U.S. Senate, Representative in Congress, State Senator, State Representative and Registrar of Voters.

The polling location is Cross Lane Firehouse from 6:00 am to 8:00 pm. The location for Election Day Registration (EDR) is the Registrars Office, Mezzanine Level, Town Hall, 6:00 am to 8:00 pm.

THE REGISTRARS WILL HOLD EXTENDED HOURS ON THE FOLLOWING DATES:

Tuesday, October 4, 1:00 pm to 4:00 pm.

Saturday, October 22, 10:00 am to 2:00 pm.

Voter Registration Session

Tuesday, November 1, 9 am to 8 pm.

Voter Registration Session

Monday, November 7, 9 am to 5 pm.

Limited Registration Session

Registration Deadline is November 1, 2016 for mail-in registration, on-line registration, and in-person registration to be eligible to vote in the November 8, 2016 Election. (See exception below)

Limited Registration Session Exception: Those whose rights as to age, citizenship or residence were attained since November 1st may apply in the office on a daily basis until the opening of the limited session on November 7, or at such limited session.

Seventeen-year-olds who will turn 18 on or before Election Day

(born on or before 11/8/ 1998) may register to vote.

Voter Registration Applications and Applications for Absentee Ballots are available from the Town Clerk's Office. Absentee Ballots become available from the Town Clerk on October 7, 2016.

On-line voter registration is available 24/7 and is user-friendly. Go to www.voterregistration.ct.gov OR go to the Secretary of the State's website – www.SOTS.ct.gov, choose "Elections & Voting" and you will see "On-line registration." Using on-line voter registration, you can also make changes to name, address, and/or party affiliation. You will also see a very helpful link if you want to know if you are registered and how you are registered, select "Am I Registered to Vote?" then click "Voter Lookup Tool."

If you are a new voter and unable to register prior to the registration deadline for this Election, you may register and vote on Election Day at the Election Day Registration (EDR) location at Town Hall, 52 Lyme Street from 6 am to 8 pm.

We want to help you, the voter, be prepared for this Election. We encourage you to register to vote or update your information with a new address or name in advance. This will minimize confusion and delays at the polls, a benefit to you, the voter, and to the election officials.

As always, if you have questions, please contact us at our Town Hall Office 860-434-1605 ext. 226.

Sylvia Peterson (D) and Donald Tapper (R)

Lyme-Old Lyme Chamber of Commerce

CHAMBER LAUNCHES FALL SEASON WITH THIRD WEDNESDAY MEETINGS AND A NEW INITIATIVE



The Lyme-Old Lyme Chamber meets on the third Wednesday of each month to offer the opportunity for business professionals to network with each other and discuss ideas related to the economic vitality of our towns.

Please join us at any or all of these meetings –

there are four dinner meetings during the year and the remainder are 'Business After Hours' events for which no charge is made. Cocktails and hors d'oeuvres are served at these meetings.

On Sept. 21, there will be a dinner meeting at The Hideaway in Old Lyme. Reservations are required and can be made online through the Chamber's website at www.VisitOldLyme.com. The meeting begins at 6 pm with an hour for networking and cocktails; dinner is served at 7 pm.

There will be 'Business After Hours' meetings on Oct. 19 and Nov. 16. Check the website for details of locations for these meetings.

The Chamber's Holiday Dinner will be held at the Old Lyme Inn on Dec. 21. This is a wonderful evening with entertainment provided by the Lyme-Old Lyme High School Select Singers.

If you are thinking about becoming a member, please come to any meeting as a visitor. We would be delighted to welcome you and show you how much membership at just \$50 per year has to offer and how it can benefit your business.

The Chamber is collaborating with local realtors who are also Chamber members to launch a new initiative titled, "Wake Up to Lyme-Old Lyme." This program is a Chamber-wide effort to introduce both prospective newcomers and new residents to the

businesses in our area. The concept is a revitalization of the tremendously popular Welcome Wagon of days gone by. It is a way to welcome newcomers to our towns, opening new doors for them and showcasing our businesses to potential new customers.

Donations are actively being sought for our baskets of coupons, brochures, incentives to visit your place of business, specialty items with logos—in other words, something to drive customers through your doors. If you would like to participate in this program, please drop off your box of promotional incentives (25-50 of each item) at Nightingales Acoustic Café on Lyme Street. This program is intended for Chamber members, so please consider becoming a member if you would like to participate in this initiative. For more information or to join the planning team, email gstevens@musicnowfoundation.org

For details of monthly meetings and other Chamber-sponsored events, visit www.VisitOldLyme.com and don't forget to Buy Local to support businesses in our community!

For questions regarding the Chamber, contact Chamber President Mark Griswold at grismark@aol.com or Vice President Olwen Logan at editor@lymeline.com.

The Lyme-Old Lyme Volunteer Connection

FIND A WAY TO GET INVOLVED IN YOUR COMMUNITY THIS FALL!

This summer has brought many great changes to the Volunteer Connection, and we are very proud to announce that the Karter Richardson Foundation will be our sponsor for the following year! Thanks to its generosity, the Lyme-Old Lyme Volunteer Connection remains a free community resource. In addition, Sophie Christiano and a local artist collaborated to design a logo for the Lyme – Old Lyme Volunteer Connection and decided that the tree swallow would serve as the perfect symbol. Every migration season at Goose Island in Old Lyme, a spectacular sunset phenomenon occurs where millions of swallows swarm together to form one synchronized cloud of birds that darts and dives through the sky, eventually ending their nightly performance with a dramatic vortex into the island's phragmites. The communal behavior of the tree swallows is not only a great natural occurrence, but it also serves as a way to protect the birds from predators such as merlins, falcons, kestrels, and other raptors, so the tree swallow serves as an appropriate choice not only as a symbol of community, but also as an icon for the Volunteer Connection.

continued on page 18

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Old Lyme Municipal Departments

<u>Department</u>	<u>Contact</u>	<u>Phone</u>
Animal Control	Lynn Philomen	434-1605 x244
Assessor	Walter Kent	434-1605 x218
First Selectwoman	Bonnie A. Reemsnnyder	434-1605 x211
Board of Selectmen	Mary Jo Nosal	434-1605 x212
Board of Selectmen	Skip Sibley	434-1605 x212
Building	John Flower	434-1605 x230
Emergency Management		
& Fire Marshal	David Roberge	434-1605 x231
Finance Director	Nicole Stajduhar	434-1605 x232
Harbormaster	Harry Plaut	434-1605 x212
Information Technology	Ruth Roach	434-1605 x237
Parks and Recreation	Don Bugbee	434-1605 x235
Police	TFC Gary Inglis	434-7080
Probate Court	Hon. Jeffrey McNamara	739-6052
Public Works	Ed Adanti	434-1605 x243
Registrar of Voters	Sylvia Peterson & Don Tapper	434-1605 x226
Sanitarian		434-1605 x214
Senior Center	Stephanie Lyon	434-1605 x240
Social Services		434-1605 x228
Tax Collection	Judith Tooker	434-1605 x216
Town Clerk	Eileen Coffee	434-1605 x221
Treasurer	Tim Griswold	434-1605 x232
Zoning Enforcement	Keith Rosenfeld	434-1605 x225
OTHER AGENCIES		
Library/Passports		434-1684
School District #18	Superintendent of Schools	434-7238
Youth Services Bureau	Mary Seidner, Director	434-7208

Old Lyme - Community Listings

USEFUL NUMBERS

CAMP CLAIRE	(860) 434-0368
CONSUMER PROTECTION	(860) 566-2294
LYMES' YOUTH SERVICE BUREAU	(860) 434-7208
SENIOR CENTER	(860) 434-4127
OLD LYME VISITING NURSE	(860) 434-7808
OLD LYME HISTORICAL SOCIETY	(860) 434-0684
9 TOWN TRANSIT	(860) 510-0429
LYME/OLD LYME JR WOMEN'S CLUB	(860) 501-9773
DEMOCRATIC TOWN COMMITTEE	(860) 434-2271
REPUBLICAN TOWN COMMITTEE	(860) 434-0740
LYME ART ASSOCIATION	(860) 434-7802
VETERANS OF FOREIGN WARS –	
LYMES' POST 1467	(860) 434-4207
AMERICAN LEGION – POST 41	(860) 664-0047

SCHOOLS

SUPERINTENDENT'S OFFICE DISTRICT 18	(860) 434-7238
MILE CREEK SCHOOL	(860) 434-2209
CENTER SCHOOL	(860) 434-7838
MIDDLE SCHOOL	(860) 434-2568
LYME/OLD LYME HIGH SCHOOL	(860) 434-1651
MULTICULTURAL MAGNET	
(NEW LONDON)	(860) 437-7775

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VOLUNTEER CONNECTION ... continued from page 18

The Volunteer Connection is a free online resource for the members of the communities of Lyme and Old Lyme that lists opportunities for over thirty agencies that are in need of volunteers. Some of the newest organizations on our website are the MusicNow Foundation, as well as Musical Masterworks. The goal of the Volunteer Connection is to become as comprehensive of a resource as possible for organizations located in or providing services to the towns of Old Lyme and Lyme. If you are the leader of an organization that would like to participate, contact Sophie Christina, the high school student who manages and administrates this website, at ollvolunteer@gmail.com.

Sound View Improvements Project-Construction Phase Update

Studies have pointed out the potential economic benefits, enhanced quality of life and safety reasons to make improvements in the Sound View area of Old Lyme. With the unanimous support of our Regional Planning Agency and member towns, the town applied and won a competitive federal Transportation Alternative reimbursement funding opportunity in 2013. The reimbursement covers 80% of eligible project expenses.

The streetscape improvements on Hartford Avenue are designed to support safety and tourism while encouraging alternative means of transportation to our beautiful beach. These improvements include: ADA compliant 6 foot sidewalks, an on-road bike route, reconfigured parking, new curbing, improved drainage, handsome bump-outs and "pocket parks," with decorative benches, trees, bike racks, banner poles and signage. It is worth highlighting that without the reimbursement funding, ADA compliant sidewalks and related drainage improvements alone would cost the town an estimated \$500,000.

The engineer's construction cost estimate for the project, \$812,000.00, includes the improvements and DOT construction requirements including an onsite inspection firm. The estimate is fully approved by Connecticut DOT for reimbursement. A contingency was added to the construction bid estimate which is expected to be reimbursable if required. A project construction budget of \$877,000.00 was approved at the town meeting on July 18, 2016. With a maximum reimbursement of 80%, or \$701,600.00, the total cost to the town is \$175,000.00.

The committee complied with Connecticut DOT requirements to advertise for a construction firm through August 8th at 2 pm. Work is planned to begin in September, 2016 and the majority of the work is expected to be completed by December, 2016.

Additional funding and [should this be "for" instead of "and"?] the anticipated sanitary sewer line will be needed to advance the next planning phase of improvements. Additionally, the town is pursuing future street lighting opportunities.

The Sound View Improvements Committee wishes to acknowledge the continued efforts of our Connecticut DOT liaison, VHB Engineering, our design engineering firm, BSC Group, and is grateful for the input and support of the community and town officials.

See you at Sound View!

The Sound View Improvements Committee
Angelo Faenza, Jim Lampos, John MacDonald, Frank Pappalardo, Bonnie Reemsnyder, Arthur "Skip" Sibley and Mary Jo Nosal.

An Update from the Capitol

By State Representative Devin Carney

LYME, OLD LYME, OLD SAYBROOK, WESTBROOK

I want to thank all of those who came out to the legislative wrap-ups I hosted across the 23rd District. Hearing from constituents is the most important aspect of my job as your State Representative in Hartford.

This past session was especially challenging due to the massive budget shortfalls the state is facing. The House passed budget adjustments on a vote of 74-70, but I couldn't support the proposal because it did not contain the structural changes I believe the state needs in order to improve our future economic climate (the state is facing a more than \$2.5 billion deficit for 2017-'19). The budget did not include necessary changes such as reform to tackle our unfunded union pension liabilities, a solid bonding cap, an unbreakable spending cap, and robust municipal mandate relief (especially after deep cuts to municipalities).

However, there were some bright spots this legislative session that included necessary first steps in combating the state's opioid addiction epidemic, providing relief for firefighters who develop cancer in the line of duty, requiring that Tomosynthesis (a 3-D mammogram that more accurately detects breast cancer) be covered by insurance, and allowing private businesses like AAA to do car registration renewals, which will hopefully alleviate some DMV wait times.

For more detailed information on legislation passed this year, I encourage you to read the Office of Legislative Research's non-partisan summary of the major public acts of 2016, which can be found on my website, repcarney.com, and or at <https://www.cga.ct.gov/olr/>.

I encourage constituents to stay in touch and sign up for my regular legislative email updates either on my web page, Facebook page (facebook.com/repcarney), or via my email, devin.carney@housegop.ct.gov. It has truly been an honor and a privilege representing the people of Lyme and Old Lyme and I hope everyone had a wonderful summer.

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Town Hall Hours & Holiday Schedule

Town Hall will be closed on the following Holidays in 2016:

- Monday, October 10 – Columbus Day
- Friday, November 11 – Veterans Day
- Thursday, November 24 and Friday, November 25 – Thanksgiving
- Monday, December 26 – Christmas
- Monday, January 02 – for New Year's Day

Hours for most departments:
Monday through Friday, 9 am – 4 pm.

Zoning Commission

Water is something we often take for granted, and Old Lyme residents count on plenty of clean drinking water for their homes and businesses. There is no guarantee that this will be the case in the future, so we must protect our access to good water. But where are the town's water resources, and how can we best protect them for the future? With the help of Marc Cohen of the U. S. Department of Agriculture and Keith Rosenfeld, our zoning official, the Zoning Commission will produce a final map of Old Lyme's fresh water resources. Next, the commission will revise our aquifer protection regulations in order to maintain the purity of our fresh water reserves and to ensure that they continue to provide our residences and businesses clean and plentiful drinking water now and in the future.

Most of our homes and businesses depend upon wells for water for drinking and sanitary purposes. To protect our water supply we must limit activities that could pollute or otherwise endanger these irreplaceable resources. The revised regulations will reflect that goal.

The commission meets on the second Monday of the month, except for August, at 7:30 in the Town Hall meeting room. Agendas are posted on the town website, and all meetings are open to the public.

Streetlights

Please phone Michele Hayes in the Selectman's Office at the Town Hall 860-434-1605, ext. 212 to report a streetlight problem on a town road and/or trash or recycling problem. When reporting a streetlight, please make note of the pole location and pole number.

Note: If you live in a private association/on a private road, the Town does not have jurisdiction over your streetlights. Please report any problems to your association. Thank you!



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TRANSFER STATION ... continued from page 21

Electronics, Mattresses & Boxsprings are accepted at the Transfer Station at no charge.

Electronics may include: computers (personal computers, mainframes, med-range computers, laptops); networking equipment (hubs, switches, control cards, etc.); computer monitors, televisions, printers, keyboards, mice, adaptors, stereos, speakers,

VCR's, scanners, fax machines, copiers telephones and telephone systems, computer wire and cable; computer drives and storage devices (floppy drives, CD ROMs, hard drives), power supplies, circuit boards, microwaves, scrap copper (cable, pipe, etc.), scrap aluminum (machine and machine parts, cable extrusions, etc.), fluorescent light bulbs, UPA (uninterrupted power supply) batteries, and related computer and electronic equipment.

Trash and Recycling

Curbside trash removal is performed by Old Lyme Sanitation **860-434-3800**.

There is no trash pick-up on the following Holidays: Christmas (Dec. 25), New Year's (Jan. 1), Memorial Day (last Monday in May), July 4th, Labor Day (first Monday in Sept.), and Thanksgiving Day (fourth Thursday in Nov.). Trash normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, trash pickup moves to the following day, until Thursday and Friday, which remain on schedule.

Please be advised that Old Lyme Sanitation DOES NOT observe the same holiday schedule as the Town.

Please have trash container out at curbside by 6 am on your assigned day. Containers should be three feet away from any other objects, such as mailboxes, cars, other containers, planters, etc. Please be mindful not to block breakdown/emergency lane with receptacle. Clearly mark your address on recycling and trash receptacles to avoid mix up, removal or displacement of cans. Phone Michele Hayes 860-434-1605,

ext. 212 with any additional trash removal questions that you may have.

Single stream curbside recycling pick-up is provided for clean bottles, cans, #1 - 7 plastics, and paper products co-mingled in the green recycling carts every other week. Corrugated cardboard boxes need to be flattened for recycling. A complete list of acceptable single stream recyclables is available on the Town's website at www.oldlyme-ct.gov -- click the trash and recycling link on the Selectman's or Public Works pages or at

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www.shorelinesanitation.com. Information is also available in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, and at the Landfill/Transfer Station on Four Mile River Road. Please phone Michele Hayes 860-434-1605, ext. 212 with any additional questions you may have.

Curbside recycling is performed every other week by Old Lyme Sanitation 860-434-3800. **There is no recycling pick-up on the following Holidays:** Christmas Day (Dec. 25), New Year's (Jan. 01), Memorial Day (last Monday in

May), July 4th, Labor Day (first Monday in Sept.), and Thanksgiving Day (fourth Thursday in Nov.). Recycling normally collected on Thanksgiving is picked up the next day, along with the regular Friday pickup. For other holidays, recycling pick-up moves to the following day, until Friday, which remains on schedule. Recycling information is available on the Town's website www.oldlyme-ct.gov, as well as in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street, or at the Landfill/Transfer Station on Four Mile River Road. Clearly mark your address on recycling and trash receptacles to avoid mix up,

removal, or displacement of cans. Phone Michele Hayes 860-434-1605, ext. 212 with additional questions you may have.

Additional automated trash and recycling containers should be ordered through Michele Hayes 860-434-1605, ext. 212 in the Selectman's Office at the Memorial Town Hall, 52 Lyme Street. Containers cost \$80. Please mark clearly your address on recycling and trash receptacles to avoid mix up, removal, or displacement of cans. Homeowners are responsible to replace lost, stolen or broken cans at their expense.

Recycle Mattresses and Box Springs at No Charge at Transfer Station

Connecticut's Bye Bye Mattress is a statewide mattress recycling program, created by a 2013 law and managed by the Mattress Recycling Council. As a participating collection site, our Old Lyme Transfer Station accepts mattresses and box springs from Old Lyme taxpayers for free at the Transfer Station located on

Four Mile River Road during the regular hours of operation Tuesday through Saturday.


Taxpayers can obtain a free windshield sticker by presenting their vehicle registration at the Selectman's Office in Town Hall.

continued on page 24

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Tue., 9-11am

Stability Ball
Mon., 8am

Intermediate Tennis Drills
Mon., 10:30am-12pm

Yoga
Mon/Wed, 11am

NTRP Tennis Drills
Sat., 10:30am-12pm, All levels

Zumba
Sat, 9:15am

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Wed., 7-8pm, All levels



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RECYCLE... continued from page 23

Thanks to this program, the mattresses and box springs are diverted from landfills and used to make other useful products like carpet padding, insulation, filters and mulch. It's also helping our community deter illegal dumping.

To learn more about Connecticut's program, visit www.byebymattress.com.

Town Requires Septic Pumping Every 7 years

Town ordinance requires property owners to have their septic systems pumped every 7 years.

If you'd like to confirm the pump-out history for your property, contact the Health Department in Town Hall 860 434 1605, ext. 214.

Town Clerk's Office

Congratulations!

WE CONGRATULATE THE FOLLOWING ON THEIR RECENT MARRIAGES:

April

Mark Andrew Satchwell & Kerry Anne O'Neill
Brandon Chase Montgomery & Amanda Ruth Bowden
Daniel Earl Murphy & Suzanne Paula Conway
Craig Robert Abbatello & Marybeth Fafalla
David Louis Soto & Kristin Marie Healey

May

Scot Thomas Tripp & Diana Lynn Kahl
Philip David Lewis & Mary Jane Sunkel
Todd Alan Buroff & Rebecca Lee Gagne
James Thomas Cariddi & Kylie Marie Ellis
Anthony Shane Bartholomew & Meghan Eileen Gleason

June

David Jeremy Bauer & Katharine Elizabeth Bechtel
Joseph Thomas Callaghan & Veronica Ann Iseppi
Mark Bradley Haskins & Victoria Mosher Cathcart
Anthony Joseph Congelos & Kristyn Sarah Boynton
Ryan Craig Johnson & Melissa Ryan McCue
Alexander Hendrik Van Tongeren & Kimberly Laura Erickson
Seth Francis Phostole & Jennifer Ann Schlechtweg
Joseph Michael Patterson & Olivia Evelyn Michaud
Stephen John Cunha, Jr. & Keren Alexandra Camean

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With Sympathy

WE WOULD LIKE TO EXPRESS OUR CONDOLENCES TO THE FAMILIES OF RECENTLY DECEASED OLD LYME RESIDENTS:

April

Roy Vincent Thomas
Margaret Rita Thompson
Michael J. DeAngelo
Mildred Tucker
Catherine P. Martin
Arlene K. Huber
Rolf G. Kasper

Carol J. Jenik
Thomas Emerson Hooper
Donald Bartow Read
Donald Francis Mackey
Donald S. Ruddy Jr.
Cornelia M. Snape

June

May

Carol Noyes Winters
Ramona Margaret McNamara

Herbert Avakian
Reverend Thomas W. Ahern
Irene Hickey-Wheeler

Eileen K. Coffee, Town Clerk
Vicki Urbowicz, Assistant Town Clerk

Volunteers Prepare for Emergencies in our Town

This summer, Emergency Management Director David Roberge taught a class on towing trailers at a Red Cross sponsored training program. Several members of the Town's Emergency Management Team attended other Red Cross training classes at the summer program.

Bill Archer, Respite Center Manager, Selectwoman Mary Jo Nosal and volunteer Jeri Baker all attended the course Supporting Volunteers and Managing Teams at the Coast Guard Academy in June.

Bill said the class provided a close focus on many of the situations he has encountered while operating the Respite Center at the Lymes' Senior Center. The class also stressed the importance of certain fundamental principles: compassion, impartiality, support, unit and integrity. Bill left the class "feeling confident in the Respite

Continued on page 26



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VOLUNTEERS PREPARE... continued from page 25

Center Mission, its philosophy and the quality of its volunteers." Selectwoman Mary Jo Nosal remembers becoming involved with the Emergency Team during Hurricanes Irene and Sandy. She solicited community volunteers who were happy to help by distributing water and information in their own neighborhoods. In addition to the class on Supporting Volunteers, Mary Jo attended a Disaster Frontline Supervisor and Simulation class. She said the training provided important information about the many ways the Red Cross can provide support to municipalities during an emergency.

Jeri Baker and her husband are both Respite Center volunteers. For Jeri, the summer training provided reinforcement. She holds a lifetime certificate in safe food handling from prior training and suspects that people will find her in the kitchen if we have another

emergency situation. Jeri said no one should hesitate to get involved in the Town's emergency management efforts.

IF OUR COMMUNITY IS FACED WITH ANOTHER EMERGENCY:

Are you willing to be a volunteer in your neighborhood?

If we have extended power outages, volunteers can help provide essential supplies and information to neighbors.

Are you interested in working a shift at the Respite Center?

Volunteers assist with center preparations; offer general assistance; shop, prepare and serve meals; organize activities, etc.

It is essential for people to volunteer *now*, well in advance of an emergency situation.

The Lyme Tree

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Size Up/Vitals

PLEASE PULL OVER!

None of us would ever want to delay emergency responders and equipment from arriving at our residences as soon as possible when called. Unfortunately, recent history has shown that there are an increasing number of incidents here in Old Lyme in which drivers have refused to pull over and allow Old Lyme volunteer fire and EMS personnel to get to a scene an expedient manner. With this in mind, I would like to review and possibly enlighten some readers as to the reality of an emergency response.

First off, the **Old Lyme Fire Department (OLFD)** is completely volunteer and 24/7. When a person(s) in need calls "911" to report a fire/emergency, Valley Shore Dispatch which is located at Connecticut State Police Barracks Troop F in Old Saybrook immediately "tones" or pages all members of the fire department advising them of the location and type of fire/emergency. OLFD volunteers respond, utilizing their privately owned vehicles (POV's). Each one of these firefighters has a department-issued synchronized blue light mounted on the dash or in the front grill of their POV. It is designed to catch your attention and requires you, by state law, to pull over and let the firefighter pass. All firefighters have one goal and that is to get to the fire ground as safely and as quickly as possible.

We will not disregard traffic lights, speed limits or stops signs. Quite the contrary, your safety is always our concern. Some of the OLFD members will be responding directly to the fire as they carry their turnout gear with them in their vehicles at all times. Others will be traveling to one of three firehouses throughout Old Lyme to drive vital apparatus to the scene. I cannot overstate the fact that **TIME LOST CAN TRANSLATE INTO LIVES LOST**. We must have the public's cooperation in giving our responders and emergency apparatus the right of way by **PULLING OVER**.

Old Lyme EMS operates in a similar fashion to OLFD, with the exception that there are permanent EMS staff on duty from Monday through Friday, 6 am – 6 pm. Other than the latter time-frame, all emergency medical responses are by volunteer Old Lyme EMS members who utilize green lights in their automobiles. It should be noted that EMS volunteers also respond in POV's during the aforementioned work week to augment/support permanent emergency medical staff. I cannot overstate the importance of adhering to state law and **PULLING OVER** for EMS. A rapid, unimpeded response by EMS personnel **IS** the difference between life and death.

In both cases, **PLEASE HELP US AVOID AN UNNECESSARY**
continued on page 28

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SIZE UP/VITALS ... continued from page 21

TRAGEDY BY DOING THE RIGHT AND LAWFUL THING.
PLEASE PULL OVER AND LET US BY SO WE CAN SAVE
LIVES.

Thank you very much and stay safe —
John “Johnny” Cody, Old Lyme Fire Department
Safety Officer/Old Lyme EMS

How do I know if my child needs help?

It's sometimes difficult to know when our child's struggles are things we should let them work through themselves or when we should step in to help them. There are certain things you can look for while trying to figure this out.

Have you noticed changes in behaviors and how they are functioning at home, school or other areas in their life? Is he or she becoming more isolated, or are there changes in mood that cannot be attributed to adolescence? Have there been recent events or losses which could be causing your child's distress? Are any other adults such as teachers, coaches or family members expressing concern?

Let your child know that you've noticed changes and ask if they are worried or upset. If they are in distress, they may not have the language to express what they are feeling. It may be easiest to ask if something has happened that is troubling them. If there is not a precipitating event, your child may still report that they are sad or angry but don't know why. Let them know you'd like to help. Seek assistance from a school counselor or therapist, and always keep the lines of communication open with your child.

Faith Marrion, LCSW
East Lyme Psychological Associates

Thanks to Red Cross Blood Drive Donors

This year, the Red Cross collected 30 pints of blood at the annual July Blood Drive at the Town Hall.

-- 10 over their hospital goal!

With these donations, as many as 90 lives may be saved.
Thanks to all who participated!!



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Lymes' Senior Center



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a member CHECK OUT
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Connecticut senior
center website
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LECTURES, PROGRAMS & SPECIAL CLASSES/EVENTS

Windows 10 Basics. Take a look at the new Windows interface. Learn how to navigate the new start menu, discover the difference between Edge and Internet Explorer, and of course how to use your new personal assistant, Cortana. On Monday, September 12th, from 1-3 pm, we will be holding a free 2 hour Windows 10 Basics class open to all seniors. Limited space is available. Call to register. Laptops and class instructions are funded by a grant from the Lyme-Old Lyme Education Foundation.

An Afternoon Tea with Cole Porter. The Harris Roane Duo, featuring vocalist Julie Harris and guitarist Stephen Roane, will perform An Afternoon Tea with Cole Porter. It will be held on September 13th at 1:00 pm. The program tells the fascinating story of the life of Cole Porter from his birth on an apple farm in Peru, Indiana to international fame as a leading composer of music for Broadway and Hollywood, and introducing all the fascinating people he encountered along the way. The narration is highlighted with some of Porter's most memorable songs such as, "Begin the Beguine," "Night and Day," and "I've Got You Under My Skin."

Groton Silvertones Chorus Performance. Join us on September 14th at 1:00 pm as we enjoy the harmonious sounds of the Groton Silvertones Chorus. Enjoy listening to contemporary songs and oldies that you can sing along to and test your musical knowledge in our Name that Tune segment!!

6 Week Beginner/ Advanced Tap Classes. On September 15th we will be starting new 6 week sessions of both beginner and advanced tap classes. The beginner class will run from 10:00 am-10:45 am and the advanced class will run from 10:45 am-11:30 am. The cost per session is \$24.00 and is due to instructor at the first class. All seniors welcome. Call to sign up.

NEW 6 Week Painting/Multimedia Class. We will begin a

NEW 6 Week Painting/Multimedia Class taught by artist Sharon Schmiedel on September 19th from 10:00 am-12:00 pm. The class costs \$25.00 and is open to members. Limited space is available. Call to sign up.

Do you find your life being put on hold for your headaches?

Even one headache a month will equate to almost two weeks of your life every year living in unnecessary pain. We have the solution to 90% of all headaches! Join us on September 20th at 1:00 pm with Dr. Mirante of the Wellness Champions and we will decode your headaches, classify them, and show home remedies you can implement right away!

NEW Foot Care Clinic. The Old Lyme VNA will be holding a free foot care clinic on September 21st, October 19th, and November 16th. Basic foot care includes foot assessment, foot soak, filing, and lotion application. Podiatrist referrals will be made as needed. To make an appointment, you can see the town nurse or call 860-434-7808. Hours are Monday -Thursday 11:30 am-1:00 pm and Friday 12:00 pm-1:00 pm.

Bingo. On September 21st, October 14th, November 16th, and December 14th at 1:00 pm, we will be holding Bingo. Admission is \$1.00 at the door.

Connecticut Classic Duo. Join us on September 28th at 1:00 pm for an amazing musical performance. Violinist Iris Bendokas Rogan and cellist Thirzah Bendokas are teaming up for their first concert tour of New England this season and will be stopping here at the Lymes' Senior Center, having toured for the past several seasons in Central Florida and along Florida's west coast. We have an entertaining and varied program of popular classics and familiar popular tunes, as well as patriotic, Disney, and Broadway melodies and hymns. Both sisters are graduates of The Mannes College of Music and The Juilliard School in Manhattan. Iris is a former member of the Orlando Philharmonic and Disney's Candlelight Concerts Orchestra. Thirzah, in addition to being former Principal Cellist of the Waterbury Symphony Orchestra in Connecticut, was a soloist with the Boston Pops Orchestra at Symphony Hall in Boston and has been with virtually every symphony orchestra in Connecticut. Audiences often hum along, clap their hands, and even want to dance to some of our more lively selections, and they hope that our new friends in Old Lyme will enjoy doing the same!

3rd Annual Nonagenarian Celebration. On September 29th at 1:30 pm we will be holding our 3rd Annual Nonagenarian Celebration. If you or someone you know will be 90 or over by the end of 2016, please call 860-434-1605 ext. 240 to sign up to be honored at this celebration. All seniors and family members are welcome to attend and celebrate with us.

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LYMES' SENIOR CENTER... continued from page 29

NEW 6 Week Thursday Night Level 2 Yoga Class. We will be starting a NEW 6 Week Thursday Night Level 2 Yoga Class on September 29th at 5:30 pm. This class costs \$24.00. Please sign up early as a minimum number of students are needed to run this class. Call to sign up.

Annual Southeastern CT Senior Centers Event "Denim and Diamonds." Join us for our Annual SECT Senior Centers' Event on Friday, September 30th from 11:30 am-3:00 pm at the Port 'n Starboard Restaurant at Ocean Beach. Buffet dinner will consist of Prime Rib, Rosemary Chicken, Vegetables, Red Roasted Potatoes, Rolls, Coffee, Dessert, and Cash Bar. Wear your best glitter and your comfortable denim! Entertainment is a Patsy Cline Tribute Show. Pre-sign up and pre-payment is required. The cost is \$25.00. Please make checks payable to Senior Resources. For more information please call the Senior Center.

Microsoft Excel Basics Class. Interested in learning how Microsoft Excel can work to your advantage? In this course, you will learn how to create a workbook, insert information into cells, as well as how to use basic formulas. Join us for the Microsoft Excel Basics Class on Monday, October 3rd from 1:00 pm-3:00 pm. This 2 hour class is open to all seniors. Limited space is available. Call to register. Laptops and class instructions are funded by a grant from the Lyme-Old Lyme Education Foundation.

2017 Trip Planning Meeting. Do you have ideas of places you want to go in 2017? Join us for the 2017 Trip Planning Meeting on Tuesday, October 4th at 1:00 pm.

Three J's and How Barbershop Quartet. Join us for a performance from the Three J's and How Barbershop Quartet on Wednesday, October 5th at 1:00 pm. This free performance of harmonious voices will bring you back to the good old days.

Senior Police Academy. Gary Inglis, Resident Trooper, will be leading a 5 week Senior Police Academy on October 6th, 13th, 20th, and 27th at 10:00 am. This fun and informative program will feature classes on history of the CT. State Police and the Resident Trooper Program, Criminal Investigations/Evidence Gathering, and Accident Investigation. A tour of Troop F in Westbrook will finish out this class. Call the Senior Center to register.

AARP Driving Course. Join us for the AARP Driving Course on Friday, October 7th at 1 pm-5 pm. Call 860-434-1605 ext. 240 to sign up. Cost is \$15.00 for members/ \$20.00 for non-members. Checks written to AARP only, no cash will be accepted.

Clutter, Chaos, and the Cure. Join us for the talk Clutter, Chaos, and the Cure with organizing guru and author Rosemary Chieppo on Tuesday, October 11th at 1:00 pm. Books and organizing tools will be available for sale after the program. Call to register.

Feeding Birds in the Winter. Linda Turner of Plantasia will be here on October 12th at 1:00 pm to discuss the do's and the don'ts of feeding birds, what seeds for what birds, best squirrel proof feeders, and will show slides of typical birds we see in the winter in our area. Call to register.

Ingenious Ways to Train Your Brain. Led by Laura Kokoska RN, this class will be held Friday, October 21st at 1:00 pm. This program is open to all seniors and will include games and exercises that stimulate our minds and light movement. She will show us how healthy aging can be achieved and how to grow new brain cells and make more connections between them. Please call to register.

Laugh Out Loud Wellness. Join us for Laugh Out Loud Wellness program on Tuesday, October 18th at 1:00 pm with Carolyn Finch, a licensed and certified Health Care Practitioner with a medical background in Speech/Language Pathology, Brain Gym, Vision Therapy and Nutrition. Laugh Out Loud Wellness is a program that incorporates Laughter, Yoga, Kinesiology and Reflexology. It focuses on the Yoga Breath and breathing, stretching exercises of Yoga and the release of air and toxins through simulated laughter and clapping to create joy. Movements are done seated in a chair. Call to register.

Veteran's Luncheon. Our 4th Annual Veterans Luncheon will be held on Oct 19th at 1:00 pm at the Lymes' Senior Center. If you are a veteran interested in connecting with other veterans and active duty military in attendance, join us for this scrumptious free luncheon put on by Atria Crossroads in your honor. Please call the Lymes' Senior Center before Oct 5th to sign up. Please feel free to wear your service proud.

Free Memory Screening. Sign up today for a FREE memory screening appointment on Friday, October 28th from 1:00 pm on with Deborah Ringen MSN, RN-BC, Visiting Nurses of the Lower Valley. It's free and confidential. A memory screening is like many other routine health check-ups. It is a simple, non-invasive test designed to gauge memory, thinking and language skills. Screening consists of a brief series of questions and tasks and only lasts about ten minutes and can be combined with the Use it or Lose it Memory Games Program. Early memory screenings can be helpful! Call to sign up.

Use it or lose it Memory Games. Join us on October 28th from 1:00 pm-2:00 pm for fun group games to enhance your memory. Call to sign up. Can be combined with the memory screening (which will take place simultaneously) if desired.

Come Meet Local Author Bill Rockwell. Come meet local author Bill Rockwell who will be here on Tuesday, October 25th at 1:00 pm to present his book, Not Privileged to Know. Reviewed by Reader John Ihn: "Not Privileged to Know has an exceptional plot

delivered in an out of the ordinary writing style. The author has two styles in this tremendously interesting story. His in-depth perceptions of what the characters are thinking and his use of specific developmental conversations give added insight into a very unique and exciting plot. I would highly recommend it to any lovers of crime or mystery novels." Books will be available for signing.

Witches in Connecticut. Join us for the Witches in Connecticut presented by the CT Historical Society on Wednesday, October 26th at 1:00 pm. Come learn the harrowing story of the hanging of witches in Colonial New England that continues to haunt our present-day imagination. The trials and executions of witches in Connecticut predated the more famous Salem witch panic by over 40 years. Hear the stories of some of the women and men accused, tried, and executed as witches and learn how Connecticut successfully controlled the spread of witch accusations long before Salem erupted in panic and violence.

Halloween Party. Join us for our annual Halloween Party on Monday, October 31st. We will give away a free lunch to the first 30 seniors that sign up AND arrive in costume. We will also have a spooky cake and raffle prize drawings at 12:30 pm. All those that arrive in costume will be entered to win a free trip to the Mohegan Sun Casino on November 3rd or a Big Y Gift Card. Come celebrate the day with us!! Please remember that you need to call 860-434-4322 and sign up for lunch before 10:45 am on October 28th.

Medicare 2017 Question/Answer Session with Mark Lee. Join us for the Medicare 2017 Question/Answer Session with Mark Lee, Retirement Planning Consultant on Tuesday, November 1st at 1:00 pm.

Airborne Band. Come enjoy a fun, exciting, interactive, and motivating performance from the Airborne Band on Wednesday, November 2nd at 1:00 pm. Formed in the 1980s, Airborne has a trademark sound of Island Passion and Urban Emotion. Airborne, the proclaimed "Musical Peacemakers" of Contemporary Jazz sends out an Inspirational Message of Hope to the World. Refreshments will follow this free performance.

Advanced Facebook Class. Join us for our Advanced Facebook Class on Monday, November 7th from 1:00 pm-3:00 pm. This class is designed for those who have taken the Facebook Basics Class or are already familiar with Facebook. This 2 hour class is open to all seniors. Limited space is available. Call to register. Laptops and class instructions are funded by a grant from the Lyme-Old Lyme Education Foundation.

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LYMES' SENIOR CENTER... continued from page 31

What to do with Pumpkin. Join us for the talk Pumpkin Recipes with Linda Turner of Plantasia on Tuesday, November 8th at 1:00 pm. Learn what to make other than just pumpkin pie-as well as some interesting versions of the pie.

Fire Cider: Natural Remedies for Cold/Flu with Herbalist Ehris Urban. Join us for the talk Fire Cider: Natural Remedies for Cold/Flu with herbalist Ehris Urban of Grounded Holistic Wellness LLC on Wednesday, November 9th at 1:00 pm. This class will go over the origins and benefits of the popular herbal tonic known as fire cider. Attendees will learn the history of herbal remedies from Ms. Urban's mother, Velya Jancz-Urban, the medicinal benefits of fire cider's ingredients, sample a variety of fire cider recipes and then create their own warming, energizing concoction in a 16 oz. jar. Fire cider is said to prevent cold and flu symptoms and combat a variety of illnesses in other ways. Call to register. Cost for materials members \$5.00/ non-members \$8.00.

The Virtual Dementia Tour® will be on November 14th from 5 – 7 pm at the Lymes' Senior Center. Created by Atlanta-based Second Wind Dreams, this is an individual experience through simulated dementia created for families, organizations and companies seeking to better understand the physical and mental challenges of those with dementia. This free program is sponsored by Kindred Crossings with special thanks to Atria Crossroads Place. Call 860-434-1605 ext. 240 to reserve your 30 minute slot today.

Thanksgiving Luncheon. Join us for the Thanksgiving Luncheon

on Friday, November 18th at 12:00 pm. Donations cost \$3.00 for seniors, aged 60 and over. Reservations need to be made between October 21st and November 4th by calling 860-434-4322.

Ashley Cruz Performance. Join us for a performance from Ashley Cruz on Friday, November 18th at 1:30 pm. "When asked to describe Ashly Cruz it is best to envision what would come down the pike were you to take a double shot of Janis Joplin, Betty Boop, and Marylin Monroe together (shaken and not stirred). WOW!!! Ashley is wildly entertaining and crowd pleasing. Music, theatre, and dance meld into one on stage." You will not want to miss this free performance!

Pearl Harbor Day Social. Join us for the 75th anniversary on the attack on Pearl Harbor on Wednesday, December 7th at 1:00 pm as husband and wife duo, Broadway Cabaret Singer Karen Wagner and Classical Tenor/ Hartford Police Officer Robert Iovanna team up to pay tribute with their performance: Salute to American Heroes. Teaming up, they will take us on a "Musical Walk Down Memory Lane," honoring "American Heroes," our veterans, through a special patriotic musical tribute. Refreshments will be served following performance. Call if you have any questions about this free program.

Old Lyme Town Band Holiday Concert. Join us on Sunday, December 11th at 2:00 pm for the Old Lyme Town Band's Holiday Concert. All ages welcome. Refreshments served after concert.

OLVNA - Flu Clinic/Health Screening

MARK YOUR CALENDARS.....

On **October 22, 2016**, we will be holding the annual Flu Clinic/Health Screening between 8 am and noon at the Senior Center. We hope you will come and get a flu shot and take advantage of the screenings that will be available. Both Lyme and

Old Lyme are welcome as we are combining days this year.

It's been a busy summer for Town Nurse, Karen Veselka. She's been at Sound View twice a week, the Senior Center everyday, as well as educational classes around town,

starting a foot clinic, and home visits in between.

We are always looking for people that would like to join us, please feel free to call 434-1222 with any questions or concerns.

Braveminds Walk-A-Thon

Braveminds is a nonprofit dedicated to improving the lives of military veteran caregivers – meaning the spouses, children and loved ones of U.S. military personnel, veterans and civilians suffering from Post Traumatic Stress (PTS), Traumatic Brain Injuries (TBI) and other daily challenges. We provide services, resources, and programming to build a supportive community aimed at identifying and meeting their critical health and emotional needs while raising awareness about the continuous struggles and sacrifices of those suffering from Post Traumatic Stress, Traumatic Brain Injuries and many other significant challenges. We are headquartered in Chester, CT.

We are holding our first Braveminds Walk-a-thon, Saturday September 17, 2016 in Old Saybrook, CT. We are looking for participants and volunteers! Please plan to join us and spend a few hours on a Saturday morning enjoying your friends, family and Old Saybrook! Great way to get some exercise in a beautiful location and support a great cause.

Check out our website at www.braveminds.org for more information and plan to join us on September 17th – onsite registration starts at 8 am.

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MusicNow Foundation/Nightingale's Acoustic Cafe

SEPTEMBER SCHEDULE

We are a not-for profit Music enrichment organization. Please see our mission below. All events take place at Nightingale's Acoustic Cafe, 68 Lyme Street, Old Lyme, CT, except for special events as noted. Thank you, again, for your support.

Please email Gail Stevens at gstevens@musicnowfoundation.org for additional information, or call 860-434-1961.

Friday Nite Live at Nightingale's 7:00-9:00pm \$5 Door Donation

September 2 TBA

September 9 Anna Thompson / Wine Tasting

September 16 Kala Farnham

September 23 TBA

September 30 Teen Open Mike with Drew Cathcart

Sweet Saturday Nites at the Sheffield Auditorium,

First Congregational Church of Old Lyme, 2 Ferry Street, Old Lyme, CT, 7:00-9:30 pm. Tickets are \$10.00 with complimentary Desserts and Coffee Bar.

For Seat Reservations:

gstevens@musicnowfoundation.org or call 860-434-1961.

September 10 Three Songwriters in the Round

with host Geoff Cox Nashville Songwriters Association International:

Lara Herscovitch —Former Connecticut State Troubadour

Carolann Solebello —from New York City, formerly with top folk group Red Molly

Don Lowe —Singer/Songwriter from Litchfield County

MusicNow Foundation, Inc.

www.MusicNowFoundation.org is a 501(c)3 organization dedicated to the support of live music to engage, enrich, and educate young artists through workshop programming, performance opportunities and musical mentorships nurturing creative and artistic growth.

Nightingale's Café & Coffeehouse

A gathering place for Live, Local and Homegrown Music ! Friday Nite Live Coffeehouses for the best in Youth Artists. Sweet Saturday Nites with Regional & National Artists.

Estuary Council Regional Senior Center

ESTUARY COUNCIL REGIONAL SENIOR CENTER

220 Main Street, Old Saybrook
860-388-1611

The Estuary Council of Seniors, Inc. (ECSI) is a community center for the Estuary region's residents over 50 years old providing nutrition, transportation, health support services, education opportunities and socialization. We have been promoting healthy and active lifestyles for adults 50 and better through quality programs and services in the nine-town Estuary region for over 40 years.

Please visit us at www.ecsenior.org for additional information or call us at 860.388.1611.

Estuary Senior Center SHORELINE CHEFS Fundraiser

to benefit Meals on Wheels along the shoreline. Sunday, September 25, from 3 to 6 pm at Water's Edge Resort and Spa, Westbrook. Join us for fun and fundraising! Features over 20 local restaurateurs & caterers providing the food and cooking talent for a small plate taste of their fabulous recipes. Tickets are \$40 per person in advance (\$45 at the door). Tickets are available at the Estuary Senior Center, Harbor Lights Realty, Harris Outdoors and Pak It of SECT in Old Saybrook and Edd's Place in Westbrook.

Space is limited. The event will feature a beer tasting provided by 30 Mile Brewers, entertainment by The Vonzells, and a silent auction with Gift Baskets to bid on. Beer and Wine are included. The Estuary is the shoreline's sole supplier of Meals on Wheels in the nine town region serving: Chester, Clinton, Deep River, Essex, Killingworth, Lyme, Old Lyme, Old Saybrook & Westbrook. The center also provides meals at 3 congregate meal sites and in total will provide over 70,000 meals this fiscal year. Join us for this 2nd annual event to raise money for local seniors in need. For details or tickets call the Estuary Center at 860- 388-1611 Ext 0.

BINGO AT THE ESTUARY!

Every Thursday evening at the Estuary! Games begin at 6:30 pm. Doors open at 5:30 pm. Admission, including game package, is \$12 per player. Cash prizes with the progressive jackpot maximum payout of \$1,000. (increases \$100 each week). Open to all ages! Snacks and food sold during the evening.

The Estuary Thrift Shop offers the best bargains on the shoreline!

Clothing, furniture housewares, decorations, and jewelry are just a few of the things you will find. Every day is different! All ages are welcome to come in and shop. Open Saturdays! New Daily Specials!

lysb

Lymes' Youth Service Bureau
> EMPOWERING YOUTH FOR A BETTER FUTURE

59 Lyme Street, Old Lyme, CT 06371
860-434-7208
www.lysb.org

PLAYGROUPS AT LYMES' YOUTH SERVICE BUREAU

Starting the week of September 12th LYSB offers a variety of playgroups based on child's age and interest.

For a full description of all our groups and schedule visit our website www.lysb.org or call 860-434-7208 x0.

BABIES GROUP - 10-11:15

For new and expectant parents with babies prenatal to age 12 months
Sept. 13th: Meet and Greet.
Sept. 20th: Child Care: Making an Educated Choice - with guest speaker
Sept. 27th: Open forum.
Pre-register www.lysb.org

The Value of Play and Choosing Appropriate Toys,
Oct. 3rd, 10-11:30 am. Free.

DROP-IN PLAYGROUPS

Make your own fun.
Nov. 29th & Dec. 6th, 9am - noon

MIXED AGE PLAYGROUP

Kids Around the World:
Sept. 14th - Oct. 12th, 9:30-10:40 am,
5 weeks, \$40.
Body in Motion:
Oct. 26th - Nov. 16th, 9:30-10:40 am,
4 weeks, \$32.
Pre-register at www.lysb.org

DROP-IN PLAYGROUPS

Make your own fun
Nov. 30th and Dec. 7th, 9 am - noon
Dec. 1st & 8th, 9 am - noon

continued on page 34

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LYME'S YOUTH SERVICE BUREAU... continued from page 33

SENSORY PLAYGROUP

Thursdays, Sept. 15th – Oct. 13th, 10:00-11:15 am,
5 weeks, \$40
Pre-register at www.lysb.org

CAR SEAT SAFETY CHECK

Monday Oct. 10th and Tuesday November 8th
Did you know only one out of five cars seats are installed correctly? If you have questions about recalls, booster seats, forward facing, airbags, and many more please schedule your personal 30 minute appointment. Your child must be present unless you are expecting. Register at www.lysb.org

THE MAGIC OF ELDERBERRY SYRUP & KEEPING YOUR FAMILY HEALTHY.

Oct. 4th 10-11:30. Free
Guest Speaker Karen Parker a Clinical Herbalist, Massage Therapist, and beekeeper. Elderberry is one of the most commonly used folk medicines in Europe. It can boost the immune system in winter for those who find themselves susceptible to colds, flu and other viral infections during this time of year. Learn how easy it is to make this wonderful syrup for both children and adults. As an added treat, we will discuss how to make elderberry “gummies” and enjoy samples!
You must pre-register at www.lysb.org

MUSIC WITH MARGIE

Wednesdays 10:45-11:10 am, starting Sept. 14th.
Music with Margie is a “joy-based” music and movement preschool program for young children based on the simple truth that children learn and retain knowledge through PLAY! Enthusiastically performed, written, and taught by Connecticut-born Margie Warner. Weekly topics include everything from families to weather to dinosaurs – all in a fun, safe environment. Margie is a member of both ASCAP and the Connecticut Storytelling Center. This program is free due to grant funding but you must pre-register www.lysb.org.

INFANT & BABY MASSAGE

Oct. 27th, Nov. 3 & 10th, 10-11:15, 3 weeks, \$20.
Learn to massage your baby with the help of an IAIM Certified Infant Massage Instructor (CIMI). The strokes and styles of massage are easier to grasp when demonstrated by experienced instructors. Pressure, rate, rhythm, the length of the massage, respect, and bonding, why babies cry, babies' body language, relaxation, and parent empowerment are some of the skills and topics you will learn. Pre-register at www.lysb.org.

1-2-3 MAGIC: EFFECTIVE DISCIPLINE FOR CHILDREN 2-12

Tuesday, September 20, 2016, 6:30-8:30 pm.
Parents! Who's in charge at your house?? A humorous look at parenting, a serious look at discipline.

In this workshop you will learn:

- How to control obnoxious behavior
- How to discipline without arguing, yelling or spanking.
- How to handle the 6 kinds of testing and manipulation.
- 5 tactics for encouraging good behavior.
- What to do about bedtime, messy rooms, lying & chores.
- Homework, practicing and more.
- How to strengthen your relationship with your child

This program is free and donations are accepted. You MUST pre-register at www.lysb.org or 860-434-7208 x0. Childcare is available with advance registration - \$10/child.

YOUTH ADVISORY COUNCIL (YAC)

Every Wednesday 7:00-8:00 pm, starting September 14, 2016.
YAC is a high school community service club that participates in a variety of fun projects and activities throughout the year. All high school students in L/OL are welcome to join us any Wednesday night! For questions call 860-434-7208 x0. Just show up, fun is guaranteed!

MIDDLE SCHOOL AFTERSCHOOL PROGRAM

Every Tuesday & Thursday, 2:15-4:00 pm at LYSB,
First Day September 6, 2016.
This is a drop in program and a permission slip is required. Come hang out with your friends while listening to music, playing ping pong, games, Wii, crafts & snacks. Students can walk to LYSB from the Middle School, and may get a pass for the LOLMS late bus. Registration fee: \$30/year. Register online at www.lysb.org, or call LYSB 860-434-7208 x0.

ELEMENTARY AFTER SCHOOL CLUB (Grades 2-5)

Every Wednesday 3:30-5:30 pm, starting September 7, 2016.
Fee: \$125/year. Come to the LYSB Etherington Activity Center to hang out with your friends and participate in a variety of fun activities. We'll do arts and crafts projects as well as play basketball, pool, Wii, and much more! Snacks and refreshments are provided. Students from Mile Creek and Lyme Schools will take the bus directly to LYSB. To register online visit www.lysb.org call LYSB 860-434-7208 x0.

RUN LIKE A GIRL

A group running program for girls age 8 and up, training for a 5K finale!
Sundays at 1:00-2:30, starting September 11 through November 27, 2016. Meet at LYSB for group run followed by half hour meeting. We will cover lessons such as: embracing differences; stretching; nutrition; dealing with injuries; “your look;” team spirit; stress relief; goals; and plans. Pre-Register at www.lysb.org or call 860-434-7208 x0. Fee: \$20/girl. Ages 8 and up.

SITTER SAFETY CLASS

Four Mondays: November 7, 14, 21, 18; 2:15-4:00 pm.

An intense sitter safety and training course appropriate for babysitters, big brothers and sisters, and children staying home alone for the first time. This course touches on a variety of safety skills such as basic first aid, fire safety, and 911 skills. Fee is \$50 and includes supplies, snacks, and guest speakers. Contact LYSB to pre-register at www.lysb.org.

CPR FOR BABYSITTERS

Monday, December 5, 2016.

Session One: 2:15-3:45 pm or Session Two: 4:00-5:30 pm.

Add this valuable class to your LYSB babysitter's course and learn how to save a life! Learn CPR and how to clear a blocked airway in children and infants. Parents want to hire babysitters who know CPR and can help kids who are choking. Instructors will teach you everything you need to know to provide lifesaving care during a cardiac or choking emergency in this 2-hour class. Class cost is \$45 and awards a Certificate of Completion. Contact LYSB to pre-register at www.lysb.org.

ENGINEERING AFTER SCHOOL

**with ENGINEERING IMAGINATIONS LLC
ASPIRING YOUNG ENGINEERS!**

For Ages 5-8: September 15 to October 20, 2016,
4:00-6:00 pm.

For Ages 9-14: November 3 to December 15, 2016,
4:00-6:00 pm.

Discover the spectacular world of engineering through hands-on, minds-on activities! Students apply problem solving and critical thinking skills to explore our S.T.E.A.M. (Science, Technology, Engineering, Architecture, Mathematics) based curriculum. Participants will use a variety of mediums such as recycled materials, salvaged motors and gears, balsa wood, LEGO®, and more. With activities ranging from bridges, to rockets, to green engineering, participants are sure to have a blast while learning fundamental engineering terms and concepts along the way! This program is open to students from all area towns. Students can take the bus from Mile Creek and Lyme Schools directly to LYSB. Fee \$120/ six week session. Register at www.lysb.org or call 860-434-7208 x0.

SEWING WORKSHOPS!

Five week sessions on Tuesday September 20 through October 18, 4:00-6:00 pm for boys and girls 8 years and older. Learn how to sew on a machine and make fun projects for you and your room. No experience necessary. All materials and machines provided. Fee: \$95 with arts educator Claudia Mathison. Take the Bus to LYSB. To register visit www.lysb.org or call LYSB 860-434-7208 x0.

MENTORING PROJECT

LYSB and the Lyme-Old Lyme Middle School are looking for adult mentors to work with middle school students on a weekly basis in the school setting. If you are interested in making a

difference in the life of a young person, please contact LYSB at 860-434-7208 to learn more about the mentoring project.

HALLOWEEN PARTY & COSTUME PARADE

Monday, October 31. Party 5:00-6:00 pm,

Costume Parade 6:15 pm.

LYSB hosts an annual Halloween Party for children ages 12 months through 2nd grade. This is a free, fun family event offering games, crafts, photo booth fun, face painting, and more. All "little goblins" must be accompanied by an adult. The traditional costume parade will leave the firehouse at 6:15 pm when all party participants can march down Lyme St. behind a fire truck!

MOTHER/DAUGHTER WORKSHOP: Let's Start Talking

Tuesday, November 15, 2016, 6:00-8:00 pm.

Open the lines of communication with your daughter! Designed to give girls a better understanding of the changes that her body will go through during puberty. Topics will include the importance of a positive body image and how to deal with difficult situations. A fun and educational night out for girls in 4th or 5th grade and their mothers. Cost is \$45 per pair and includes resource materials, goodie bags and a pizza dinner. Pre-register at www.lysb.org.

LYSB HOLIDAY PARTIES

Sunday, December 4th, 5:00-7:00 pm.

LYSB's annual fundraiser that brings neighbors together to celebrate the beginning of the holiday season while raising funds for our holiday giving program. 30 simultaneous parties throughout Lyme and Old Lyme are now being planned and we want to make sure you get an invitation. If you are interested in hosting a party, or adding your name to the invite list, please contact us at 860-434-7208 x0.

GINGERBREAD HOUSE FAMILY WORKSHOP

Sunday, December 4th, 12:30-2:00 pm.

An annual tradition...Bring the family (and your camera) to LYSB to create your gingerbread masterpieces and leave the mess with us! Fee: \$15/house. Please register at www.lysb.org.

AMERICAN GIRL HOLIDAY TEA

Sunday, December 11, 1:00-3:00 pm.

Join us for a festive American Girl Tea Party! Design holiday crafts, play traditional games and have a tea party with china cups and tea cakes! Time for party games and stories too. Bring a favorite doll if you wish! For grades K and older. Fee \$20. At the Lymes' Youth Service Bureau, 59 Lyme Street, Old Lyme. Pre-register at www.lysb.org.

LYME-OLD LYME PREVENTION COUNCIL

CASFY: Community Action for Substance Free Youth

Meets on the 1st Tuesday of the month at 7:00 pm at LYSB.

Our mission is to prevent and reduce alcohol and other drug

continued on page 36

LYME'S YOUTH SERVICE BUREAU... continued from page 35

use among youth by collaborating with the community to raise awareness, modify social norms, educate youth and adults, initiate policy change and promote healthy activities. Our group includes parents, youth, school administrators, police, and community members. Join us at our next meeting!

SURVIVORS OF SUICIDE LOSS SUPPORT GROUP OF SOUTHEASTERN CT

Joining hands as we walk on this journey together towards healing one breath at a time.

We are a group of survivors, together to offer support, comfort, and understanding. Our group provides an atmosphere

of acceptance for exploring feelings that are often not understood by others. It offers a chance to share helpful resources, and to give and get support through the long grief process. Meeting times: 1st & 3rd Thursday of each month at 6:30 pm at LYSB, 59 Lyme Street, Old Lyme, CT.

YOUTH JOB BANK

Do you need a babysitter? Yard work needing to be done? Dog walking? Odd Jobs? Call LYSB to hire local youth who are interested in working for you! L/OL youth in grades 6-12 who are interested in adding your name to our Job Bank, fill out an application on our website www.lysb.org or call 860-434-7208 x0.

LOLEF Road Race: Bound for the Sound



The Lyme-Old Lyme Education Foundation's 2016 "Bound for the Sound" Race for Education will held on Saturday, September 24th.

There will be a 10K and 5K timed races, as well as a one-mile Fun Run for children and families with strollers. Whether you are a seasoned runner who enjoys the competition of a timed race, or a family looking to celebrate an active lifestyle together, this event's location starting at Sound View Beach is sure to please.

Join us at this annual community event that supports educational programs for all ages in our two towns. For more information, including map of the race course and event times, go to www.lolef.org and click on the link to the Active.com registration site.

High Hopes Happenings



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walking, equine therapy programs, special events & office work.
Learn how to be a part of the team.

Date/Time: September 6 and Oct 2 5:30 pm-7:30 pm.

Sign up in advance.

Contact Karena Garrity, kgarrity@highhopestr.org.

LYME HUNTER PACE AT LORD CREEK FARM

Sunday, September 11th 8:30 am-11:00 am

Join 50 riders at Lord Creek Farm located in Lyme CT. Follow an

outdoor marked course: jumping, and a mixture of gaits through open country and along wooded trails. Inexperienced riders and horses are welcomed. Proceeds to benefit High Hopes Therapeutic Riding, Inc.

Contact Sarah Carlson, scarlson@highhopestr.org

IMPACT!

High Hopes Annual Open Barn Day & 42nd Annual Meeting
Sunday October 23, 2016

High Hopes hosts an Open Barn Day! Come take a tour of our beautiful 120 acre facility, meet the staff and herd of 27 specially trained horses, while learning more about High Hopes and how we serve our community. The 42nd Annual Meeting of High Hopes follows from 1 pm-3 pm.

For information contact, Sara Qua, squa@highhopestr.org

THE ROAD TO HOLIDAY MARKET KICKS OFF!

Win a 2016 SUBARU IV CROSSTREK 2.0i Premium car
High Hopes is hosting a benefit CAR RAFFLE! Drawing takes
place at the High Hopes Holiday Market on Sunday Nov. 13th.
Raffle ticket holders need not be present to win. Proceeds
Benefit High Hopes Therapeutic Riding, Inc. Contact Trudy
Burgess for tickets, tburgess@highhopestr.org.

HIGH HOPES 6th ANNUAL HOLIDAY MARKET:

Kick-Off Your Holiday Shopping!

Sunday, November 13th 11 am-4 pm

Join us for High Hopes Holiday Market with over 60 vendors,
amazing raffle, food trucks, hayrides, kid's activities and more!
Free with a donation to the Shoreline Soup Kitchen.
Contact Trudy Burgess at tburgess@highhopestr.org.

PONY POWER: Learn2Ride, Field Trips & Pony Parties

High Hopes opens its doors and lesson program several
times a year to anyone in the community who would like to
learn to ride, carriage drive, or is looking to get back in the
saddle. We host Field Trips for a hands-on experience for
your group. Private Birthday Party Celebrations, Holiday
Parties and more. For information, Carrina Echeandia,
cecheandia@highhopestr.org.

For more information, please visit our website,
www.highhopestr.org or call, 860-434-1974.

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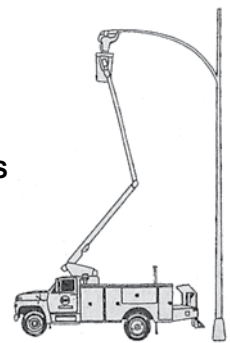
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ments. Please register! Registering allows for planning appropriately and for contacting you regarding program changes. All programs are free and open to the public unless otherwise noted.

PHOEBE'S BOOKCELLAR.

Wednesdays 10 am – 6 pm,

Saturdays 10 am - 2 pm.

The only used bookstore in Old Lyme is a treasure trove of gently used books

spanning all genres. The inventory includes popular bestselling fiction and nonfiction, DVDs, Audio Books, and CDs at fabulous prices. See our special section of Rare & Collectibles. Offering a huge variety of children's and adult books in hard and soft cover for every age and interest! Don't forget to visit the Library during operating hours to browse the Lobby Display for that special find.

Children's Events

Julie Bartley/Children's Librarian

jbartley@oldlyme.lioninc.org

860.434.1684 x114

Sign up for our E-Newsletter at: www.oldlyme.lioninc.org.

The Library does not distribute or sell our patron email list to any commercial or nonprofit business. We use your email solely for contacting you about library programs, special events and announcements. Please register! Registering allows for planning appropriately and for contacting you regarding program changes. All programs are free and open to the public unless otherwise noted.

MONDAYS: 10:30 am, Toddler Time.

Two to five year olds will delight in listening to stories, singing songs, and making a themed craft. All this free fun takes place in the Community Room. Each program lasts approximately thirty minutes. No need to sign up -- just drop in!

THURSDAYS: 10:15 am, Baby Time.

Introduce your baby to the library and meet new people! Activities include: sharing books, singing songs and fingerplays, then playtime and exploration. Each program lasts approximately thirty minutes. No need to register—just drop in.

FRIDAY, September 2, 2016: 4:00 pm-5:00 pm, Children's End of Summer Reading Pizza Party-Finish Line Fun!

Celebrate the end of Summer Reading at our Finish Line Fun finale party. For children in grades K-5 who registered and participated in the On Your Mark, Get Set, Read! Program. Last chance to submit your reading logs for raffle entries into the grand prized drawings which will be held at 4:45 pm.

MONDAYS: September 12, November 14 & December 12, 2016: 3:00 pm-4:00 pm, Pokemon Club.

Did you know the library is a Pokestop and full of Pokemon characters lurking about the book stacks? Load up on Pokeballs, catch some critters, discuss game strategies, and trade your pokemon cards after school. This group will meet on the second

Monday of each month. No registration is required.

WEDNESDAYS: September 14, October 12, November 9 & December 14, 2016: 5:30 pm-6:30 pm, Sweet Beats Family Music with Eleanor Robinson.

Get ready to groove along to the sounds of Eleanor Robinson! Fun for kids and adults of all ages to sing and dance to the sweet beats! This program will take place the second Wednesday of each month.

MONDAY, September 26, 2016: 3:00 pm-4:00 pm, Banned Books Bingo.

Celebrate Banned Books week and the freedom to read by playing a few rounds of Banned Book Bingo with your friends! Prizes will be awarded and light refreshments served! Fun for all ages. Children age 7 & under are welcome to play with adult assistance.

THURSDAY, September 29, 2016: 3:30 pm-4:30 pm, Wilhelmina Goes Wandering: Story Time with Author John-Manuel Andriote.

Come hear author John-Manuel Andriote read his true tale of a Connecticut cow gone wild, Wilhelmina Goes Wandering! There will be photo ops with Wilhelmina herself, and signed copies of the book will be available for purchase.

MONDAY, October 31, 2016: 11:00 am-5:00 pm, Trick or Treat Around the Library!

Stop into the "haunted children's room," check out some spooky stories and show us your costume before you head out to Trick-or-Treat. Collect candy from stations set up around the library.

TUESDAY, November 8, 2016: 10:00 am-4:00 pm, Mock Election Day for Kids.

Too young to vote? Don't worry, you're never too young to get in on some Election Day Fun here at the library. Come in and cast a vote in our mock election. Get a sticker and a prize when you put your ballot in the box. Results will be posted on our library social media pages at 5:00 pm! No registration required.

THURSDAY, November 17, 2016: 3:00 pm-4:00 pm, Fantastic Beasts and Where to Find Them Scavenger Hunt.

Celebrate the release of the movie "Fantastic Beasts & Where to Find Them" with a scavenger hunt around the library! Creatures such as dragons, unicorns, mermaids, pixies, trolls and more will be hiding in plain sight for you to check off your list. Find them all and enter a drawing for two tickets to the movie! Registration is not required for this all-ages event.

MONDAY, December 5, 2016: 10:00 am-5:00 pm, International Ninja Day!

It's International Ninja Day! Celebrate by wearing your best ninja gear to the library! We will be partying ninja style all day long with stories, books and snacks.

Teen Events

Julie Bartley/Children's Librarian
jbartley@oldlyme.lioninc.org
860.434.1684 x114.

Sign up for our E-Newsletter at: www.oldlyme.lioninc.org.

THURSDAY, September 1, 2016: 3:00PM-4:00 pm, Teen End of Summer Reading Party- Masquerade Madness!

Celebrate the end of Summer Reading at our Masquerade themed finale party. For teens in grades 6-12. Create a masquerade mask at the library, or wear your own from home. Or...dress up as a character from one of the books you read this summer. Last chance to submit your reading logs for raffle entries into the grand prize drawing which will be held at 4:00 pm.

THURSDAY, September 15, 2016: 3:00 pm-4:00 pm, OMG!...Let's OM!

Teen Scene Yoga Class with Katie Zieskind. A yoga workshop for teens of all abilities led by yoga instructor Katie Ziskind. Whether you are a newbie or a crow-master, Katie will lead the group through a variety of healing and energetic poses guaranteed to get your mind and body ready to tackle the new school year! Registration is required for this free program for teens ages 12-18.

WEDNESDAY, September 21, 2016: 3:30 pm-4:30 pm, Graphic Language!

A Graphic Novel Book Club for Teens & Tweens. This book club will encompass graphic novels from all genres. In general, books selected for the group will be appropriate for grades 6-12, but others may be enjoyed by readers who are slightly younger. Age recommendations will be noted for all selected titles. This month's selection is *The Arrival* by Shaun Tan. Recommended for children in grades 6-12. Registration is required to secure copies of the book. Books will be available for checkout at the

beginning of each month, and the group will meet the third Wednesday of each month from 3:00 pm-4:00 pm.

MONDAY, September 26, 2016: 3:00 pm-4:00 pm, Banned Books Bingo.

Celebrate Banned Books week and the freedom to read by playing a few rounds of Banned Book Bingo with your friends! Prizes will be awarded and light refreshments served! Fun for all ages. Children age 7 & under are welcome to play with adult assistance.

WEDNESDAY, September 28, 2016: 3:00 pm-4:00 pm, Minute To Win It Games!

Two Teams will compete in a series of challenges such as "Mummy Madness," "Baby Rattle," "This Blows," "Face the Cookie," and "Breakfast Scramble!" Do you have what it takes to bring your team a victory? Prizes will be awarded to the winning team members. This program is for children and young adults in grades 6-12. We require a minimum of 8 registered participants in order to hold this event. There is no cost for this program and all materials will be provided.

THURSDAY, October 6, 2016: 3:00 pm-5:00 pm, Teen Scene Cinema: Arachnophobia.

Arachnophobia is the 1990 comedy horror classic starring Jeff Daniels, directed by Frank Marshall. Snacks will be served and registration is not required. (1990, PG-13)

THURSDAY, October 13, 2016: 3:00 pm-4:00 pm, TEEN READ WEEK!

Join the Unread, Undead Teen Book Club: *Rot & Ruin* by Jonathan Maberry. Teens: meet to discuss a horror, sci-fi or fantasy Young Adult title and make new friends! *Zombie-Lovers* unite! We will discuss *Rot & Ruin* by Jonathan Maberry, the 2013 Nutmeg Teen Award Winner described as "George Romero meets 'The Catcher in the Rye.'" Placed on the Bram Stoker Award short list, Winner of an ALA Best Fiction for Young Adults, and Winner of the Cybils Award, Young Adult Fantasy & Science Fiction category! Copies of the book will be available one month prior to the discussion. Pizza will be served to all registered participants. This program is free and suitable for children ages 12 & up.

MONDAY, October 17, 2016: 3:00 pm-4:00 pm, Teen Costume Swap!

Have an old Halloween costume you can't use again? Want to try to trade it in for one that's new to you? Bring in your gently used costumes and accessories and swap with friends! Refreshments will be served.

WEDNESDAY, October 19, 2016: 3:30 pm-4:30 pm, Graphic Language!

A Graphic Novel Book Club for Teens & Tweens. This book club will encompass graphic novels from all genres. In general, books
continued on page 40

PHOEBE GRIFFIN NOYES LIBRARY... continued from page 39

selected for the group will be appropriate for grades 6-12, but others may be enjoyed by readers who are slightly younger. Age recommendations will be noted for all selected titles. This month's selection is *Anya's Ghost* by Vera Brosgol. Recommended for children in grades 6-12. Registration is required to secure copies of the book. Books will be available for checkout at the beginning of each month, and the group will meet the third Wednesday of each month from 3:00 pm-4:00 pm.

TUESDAY, November 8, 2016: 10:00 am-4:00 pm, Mock Election Day for Kids.

Too young to vote? Don't worry, you're never too young to get in on some Election Day Fun here at the library. Come in and cast a vote in our mock election. Get a sticker and a prize when you put your ballot in the box. Results will be posted on our library social media pages at 5:00 pm! No registration required.

WEDNESDAY, November 16, 2016: 3:30 pm-4:30 pm, Graphic Language!

A Graphic Novel Book Club for Teens & Tweens. This book club will encompass graphic novels from all genres. In general, books selected for the group will be appropriate for grades 6-12, but others may be enjoyed by readers who are slightly younger. Age recommendations will be noted for all selected titles. This month's selection is *Donner Dinner Party (Nathan Hale's Hazardous Tales #3)* by Nathan Hale. Recommended for children in grades 4-12. Registration is required to secure copies of the book. Books will be available for checkout at the beginning of each month, and the group will meet the third Wednesday of each month from 3:00pm-4:00 pm.

THURSDAY, November 17, 2016: 3:00 pm-4:00 pm, Fantastic Beasts and Where to Find Them Scavenger Hunt.

Celebrate the release of the movie "Fantastic Beasts & Where to Find Them" with a scavenger hunt around the library! Creatures such as dragons, unicorns, mermaids, pixies, trolls and more will be hiding in plain sight for you to check off your list. Find them all and enter a drawing for two tickets to the movie! Registration is not required for this all-ages event.

WEDNESDAY, November 30, 2016: 3:00 pm-4:00 pm, Teen Scene Jewelry Workshop: Make a Holiday Gift!

Create a beautiful piece of jewelry for someone on your holiday list. This program is for teens in grades 6-12. Registration required. All supplies will be provided free of charge.

Monday, December 5, 2016: 3:00 pm-5:00 pm, Teen Scene Cinema Celebrates International Ninja Day!

It's International Ninja Day! Celebrate by wearing your best ninja gear to the library! We will show the movie "Teenage Mutant Ninja Turtles" (2014, PG-13) and have ninja snacks.

WEDNESDAY, December 21, 2016: 3:30 pm-4:30 pm, Graphic Language!

A Graphic Novel Book Club for Teens & Tweens. This book club will encompass graphic novels from all genres. In general, books selected for the group will be appropriate for grades 6-12, but others may be enjoyed by readers who are slightly younger. Age recommendations will be noted for all selected titles. This month's selection is *A Christmas Carol: The Graphic Novel* by Sean Michael Wilson. Recommended for children in grades 4-12. Registration is required to secure copies of the book. Books will be available for checkout at the beginning of each month, and the group will meet the third Wednesday of each month from 3:00 pm-4:00 pm.

Adult Programs

860-434-1684

Sign up for our E-Newsletter at: www.oldlyme.lioninc.org.

We use your email solely for contacting you about library programs, special events and announcements. Please register! Registering allows for planning appropriately and for contacting you regarding program changes. All programs are free and open to the public unless otherwise noted.

The Natural Beauty of Plum Island Exhibition and Lecture Series: Sea, Seals, Sunsets and More.

A collaborative series between the OLPGN Library and St. Anne's Church. Enjoy an amazing breadth of images in acrylics and pastels by painter John Sargent and photographs by Robert Lorenz. Experience their unprecedented access that depicts open beaches, bluffs dotted with swallows, rocky coves, a forested fresh water pond and seals perched on rocks as well as fisherman, ferries and kayakers.

OPENING RECEPTIONS

Friday September 16 from 5-7 pm.

Wine & Cheese Reception at Old Lyme Phoebe Griffin Noyes Library

Sunday September 18 Luncheon

Reception at Saint Ann's Church Lecture Series:

All programs begin at 7 pm and are free and open to the public. Please note the location for each lecture.

Thursday, Sept 21 at OLPGN Library.

"Preserving Plum Island for Future Generations" by Chris Cryder, Special Projects Coordinator for Save The Sound and Outreach Coordinator for the Preserve Plum Island Coalition.

Thursday, Oct 6 at Saint Ann's Church.

"Survey of the History of Plum Island" by Amy Folk, Collections
continued on page 40



William Pitt

Sotheby's INTERNATIONAL REALTY

The Secrets to Staging

Highlighting a residence's most positive attributes through the power of home staging is an essential step in the home selling process. Whether it involves reorganizing, adding new furniture and decorations, or even making repairs and renovations, staging can make a powerful impression on a prospective buyer.

Here are some basic guidelines to help you get started.



4 Johnny Cake Hill, Old Lyme \$999,000



10 Ferry, Old Lyme \$749,000



3 Squire Hill, Old Lyme \$599,900

1

Boost Curb Appeal

Make a strong first impression with your home's exterior and lawn.



15 Selden, Lyme \$849,500



9 Tantummaheag, Old Lyme \$629,900



14 Hillside, Old Lyme \$389,000

2

Clear Away Clutter

Showcase your home's true potential by clearing out unneeded items.

3

Let There be Light

Adding brightness to a room can go a long way.

4

De-Personalize

Limiting personal items while retaining a warm environment allows buyers to imagine adding their own personality.



109 Hillcrest, Old Lyme \$1,126,000



6 Lyme, Old Lyme \$860,000



86 West End, Old Lyme \$639,000

5

Present a Lifestyle

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PHOEBE GRIFFIN NOYES LIBRARY... continued from page 40

Manager Southold Historical Society and co-author of the book, "A World Unto Itself, The Remarkable History of Plum Island, New York."

Thursday, Oct 27 at OLPGN Library.

"Plum Island's Place in the Geological History of Southern New England" by Ralph Lewis, Connecticut State Geologist Emeritus, and currently part-time Officiate of The Long Island Sound Resource Center at the University of Connecticut - Avery Point and a professor in residence in the Marine Studies Department at UCONN- Avery Point.

Thursday, November 10 at Saint Ann's Church.

"Plum Island's Biodiversity, Birds, Bats, Bugs, and Basking Seals" by Matthew D. Schlesinger, PHD, Chief Zoologist New York Natural Heritage Program and Adjunct Assistant Professor, Suny College of Environmental Science and Forestry.

Registration is expected for all lectures. For programs at the Library please go online at www.oldlyme.lioninc.org for the online calendar of events or call 860-434-1684 and ask for the Reference Desk. To register at St. Ann's Church please

call 860-434-1621 or email office@saintannsoldlyme.org.

CONTEMPORARY CLASSICS BOOK DISCUSSION SERIES

Meets the first Monday of the month at 7:00 pm to discuss award winning books and 20th century classics. Marsha Bansavage, Facilitator.

- | | |
|-------------|----------------------------------------------------------------------------------------------------------------------------|
| September 6 | -All The Light We Cannot See by Anthony Doerr |
| October 3 | -Far From the Madding Crowd by Thomas Hardy |
| November 7 | -Euphoria by Lily King |
| December 5 | -On The Road by Jack Kerouac |
| January | -Midwinter break! |
| February 13 | -The Long Goodbye by Raymond Chandler |
| March 6 | -My Life on the Road by Gloria Steinem |
| April 3 | -Fortune Smiles by Adam Johnson,
2015 National Book Award |
| May 1 | -Hamilton by Lin-Manuel Miranda,
2016 Pulitzer Prize Winner (Play) |
| September | -Author Talk and Book Signing with Sidney
Williams Notes from Old Lyme: Life on the
Marsh and Other Essays; Date TBA |

Old Lyme Land Trust

FIVE DECADES OF GROWTH AND SERVICE TO OLD LYME....
from just 6 acres in 1966 to over 1,100 acres by the end of 2016!

Over the past 50 years, Old Lyme Land Trust has grown to become a significant force in land conservation in Old Lyme. The Trust is an all-volunteer, non-profit, non-government organization. The maintenance of the preserves and the acquisition of new lands are funded primarily by donations from private individuals.

Some key milestones accomplished by our members, volunteers and donors during the past five decades have included:

The 60's & 70's ...

- Founded in 1966 as the Old Lyme Conservation Trust and received our 1st 6 acres of salt marsh from Belton Copp.
- Received a donation of 44 acres of woodland & wetlands from William and Connie Pike, which became our 1st Preserve, Mile Creek.

The 80's & 90's ...

- Saved the 25 acre parcel at Watch Rock from development, which became the Watch Rock Preserve.
- Received a donation of 45 acres, from Galaxy, which became the Boggy Hole Preserve.
- Received by bequest 100 acres from Mary Steube, which became the Jericho and Griswold Preserves.

2000 to Present...

- Acquired, in partnership with the Nature Conservancy, the 180 acre Lay Property.
- Received a donation of 44 acres adjacent to the Lieutenant River from John Lohmann, Edith Buck and Kinsley Twining, which became the Lohmann Buck Twining Preserve.
- Changed our organization name to Old Lyme Land Trust and updated our website, to emphasize focus on land protection and management.
- Received a donation of 40 acres adjacent to the CT River from the Estate of John Lohmann, which became the

John Lohmann CT River Preserve.

- Acquired 40 acres of woodland adjacent to Four Mile River Road, enlarging and giving access to the over 100 acre Upper Three Mile River Preserve.

And Beyond...

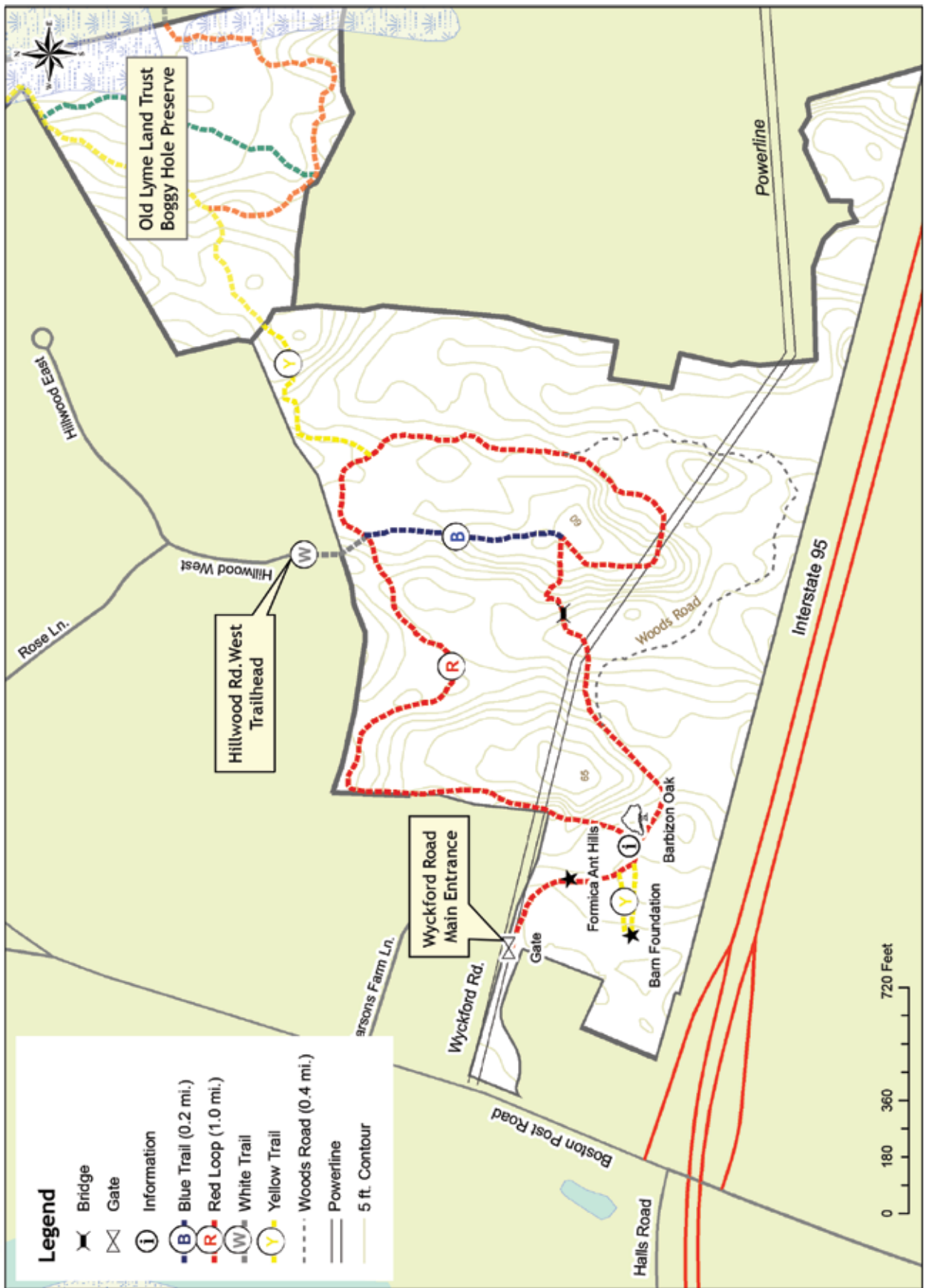
The Trust recently received a grant from the CT Department of Energy & Environmental Protection to acquire 40 acres of forest and wetlands at 106 Four Mile River Road in the Upper Three Mile River watershed. This will be the main access to a NEW 120 acre Upper Three Mile River Preserve, the largest preserve in the Trust.

The Trust actively pursues grants and donations for additional acquisitions to insure that Tomorrow is Kept Green. Follow the progress at www.oldlymelandtrust.org.

Volunteers are always welcome to the Trust's trail maintenance work parties and to join the board of Trustees.



Town of Old Lyme
 Champlain North Open Space (65 acres)
 Wyckford Road



Legend

- Bridge
- Gate
- Information
- Blue Trail (0.2 mi.)
- Red Loop (1.0 mi.)
- White Trail
- Yellow Trail
- Woods Road (0.4 mi.)
- Powerline
- 5 ft. Contour

For General Reference Only. LSN 6.18.15

Old Lyme Historical Society



Photo from Jim Meehan

To paraphrase Rodgers and Hammerstein, The Historical Society was alive with the sound of “thump, thump” at the MidSummer Festival, Saturday, July 30th, 2016. A steady stream of people, young, teenage, up to senior citizens, came by to try their hand at the Clement 90” Community Loom. They were fashioning a rag coverlet from strips of cotton cloth. Such coverlets were once made in granges, where the womenfolk of the community would gather to help each other furnish their homes with rugs, covers,

and curtains. The “thump” noise alludes to the sound when the “rag” is secured on the loom. The Society is delighted that this project has generated so much interest. Members of Section 4 of the Connecticut Hand Weavers Guild will be at 55 Lyme Street on Tuesdays, from 9 am until 12 noon. Come to observe or participate in this wonderful craft. One 17 year old after his turn on the loom pronounced it “way cool.” What better advertising is there!

Saturday, September 17, 2016 is the date for our Annual Antique Appraisal Faire to be held in the Community Room of Town Hall. We will have a wonderful line-up of appraisers; art, books, early American, and general experts ready to admire your family treasures. The price is right at \$7 for one article, \$14 for two, and \$20 for three. There will also be some fun surprises for our visitors.

The Society has had many queries as to when the now completed Archives Room will be open for business. We are working as fast as we can to get it in order for the public. We continue to answer your questions or make referrals to other institutions. Please call 860 434 0684, and leave a message. A volunteer will get back to you in a timely fashion. Of course, we are always happy to accept materials to add to the Archives. We will be happy to come to

“Excellence in Memory Care at The Saybrook at Haddam.”

Family Means Everything

At Safe Harbor Memory Care Neighborhood, John Greene’s days are filled with social and physical activities, entertainment and cultural events, and, most importantly, visits with family. “Since Dad moved to Safe Harbor, he is much more relaxed and fun to be with, and he’s enjoying life the way he should” said John’s daughter, Pat.

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- Ongoing communication and support for family members
- Personalized care and medication management 24 hrs/day
- Fresh air and sunshine in our secure “Walking Garden”



Safe Harbor resident John Greene is surrounded by three generations of family members who visit him daily.

Call (860) 345-3779 today for a tour!



A Memory Care Neighborhood

1556 Saybrook Road, Haddam, CT 06438

www.thesaybrookathaddam.com

your home, and help you decide what should be donated and what might just have outlived its value. Our beloved Tuesday Morning Work Crew is now constructing the reading room for the archives. Visitors will be able to do research in a comfortable environment.

The new Hubbard product line has been greeted with enthusi-

asm. The Hubbard tea towels make a great hostess present. They may be purchased at the Woman's Exchange, Florence Griswold Museum, and the Bowerbird as well as the Historical Society. Buy something local designed by a local printmaker!

Please remember that the Historical Society is your Old Lyme local resource. Your support and comments are always welcome.

Lyme Academy College of Fine Arts

Check our website www.lymeacademy.edu on September 15 for Fall Courses and workshops for Adults and Pre-College students. Classes begin October 1, 2016.

SEPTEMBER 8

U.S. Premiere of the documentary film: Like Notes of Music Christian Peltenburg-Brechneff: The Landscape Painter Magee Film Productions, Switzerland.

Screening 5:30 pm to 6:30 pm at The Katharine Hepburn Cultural Arts Center, 300 Main Street, Old Saybrook; Limited Seating. Reception and exhibition to follow, featuring a selection of Christian Brechneff's oil paintings 6:45 pm to 8 pm at The Cooley Gallery, 25 Lyme Street, Old Lyme.

Tickets for the screening and reception:

\$40 to benefit the Center for Arts Programming Lyme Academy College of Fine Arts, University of New Haven. To purchase tickets in advance, call the Box Office at The Kate at 877.503.1286.

Or visit:

<http://katharinehepburntheater.org/events/like-notes-of-musik/>

JAN DILENSCHNEIDER EXHIBITION

Opening Reception – October 7, 5 pm – 7 pm
On view through November 12

continued on page 46

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LYME ACADEMY OF FINE ARTS... continued from page 45

ARTIST RESIDENCY WITH DAVID DEWEY

October 17 – 21

Norman Bird Sanctuary, Newport, RI; On-site housing available.

Registration opens September 15. For more information and to register online visit: www.lymeacademy.edu.

ARTIST LECTURE BY JAN DILENSCHNEIDER

October 27, 6 – 8 pm

Reception at 6 pm. Lecture at 7 pm. \$15. Limited Seating. Reservations Required.

RSVP: kbrady@lymefs.newhaven.edu

A TRIBUTE TO DEANE KELLER – by Randy Melick,

Deane G. Keller Endowed Chair of Classical Drawing and Figurative Art at Lyme Academy College of Fine Art

November 17, 6 pm – 8 pm. Reception at 6 pm. Lecture at 7 pm. \$15. Limited Seating. Reservations Required.

RSVP: kbrady@lymefs.newhaven.edu

LECTURE BY SEBASTIAN SMEE, Pulitzer Prize-Winning Arts

Critic for the Boston Globe December 1, 6 pm – 8 pm. Reception at 6. Lecture at 7. \$15. Limited Seating. Reservations Required.

RSVP: kbrady@lymefs.newhaven.edu

Lyme Art Association

NEW ENGLAND LANDSCAPE

INVITATIONAL – SOCIETY OF CT SCULPTORS

On view: September 2 to November 18.

Opening Reception: Friday, September 9, 5-7 pm.

Lyme Art Association member artists and select invited artists will be featured in this annual exhibition of landscape paintings from around New England. Works by the Society of CT Sculptors will be on view in all four galleries. Admission is free but a \$5 donation is suggested.

Lyme Art Association, 90 Lyme Street, Old Lyme 860 434-7802; lymeartassociation.org

SECOND ANNUAL PALATE TO PALETTE - A DELICIOUS AND ART-FILLED FUNDRAISING EVENT.

Thursday, October 20, 2016, from 6:30 to 9:30 pm.

Lyme Art Association, 90 Lyme Street, Old Lyme 860-434-7802; lymeartassociation.org

continued on page 48



William Pitt



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Lyme
Historic Gould Tavern has moved gracefully from C1749 to the present, blending charming Colonial architecture with the amenities of a modern lifestyle. MLS:N10149061

Offered at \$790,000



Old Lyme
Landmark c1860 Village residence with stunning perennial gardens, wide board flooring and traditional millwork throughout. MLS:N10129246

Offered at \$860,000



Old Lyme
Custom built waterfront home perfectly sited on the East bank of the CT River with 180 feet of direct waterfront access, set in a secluded enclave in the heart of Old Lyme Village. MLS:N10137562

Offered at \$765,000



Lyme
Built in 1962, this Mid Century Masterpiece stands the test of time! Designed by renowned Chinese architect King-lui Wu, it has remained untouched. MLS:N10156846

Offered at \$695,000



SOLD

Lyme
A gracious 18th Century residence with elegant proportions has impeccably transitioned through extensive renovations into a fabulous gentleman's farm. MLS:N10036124

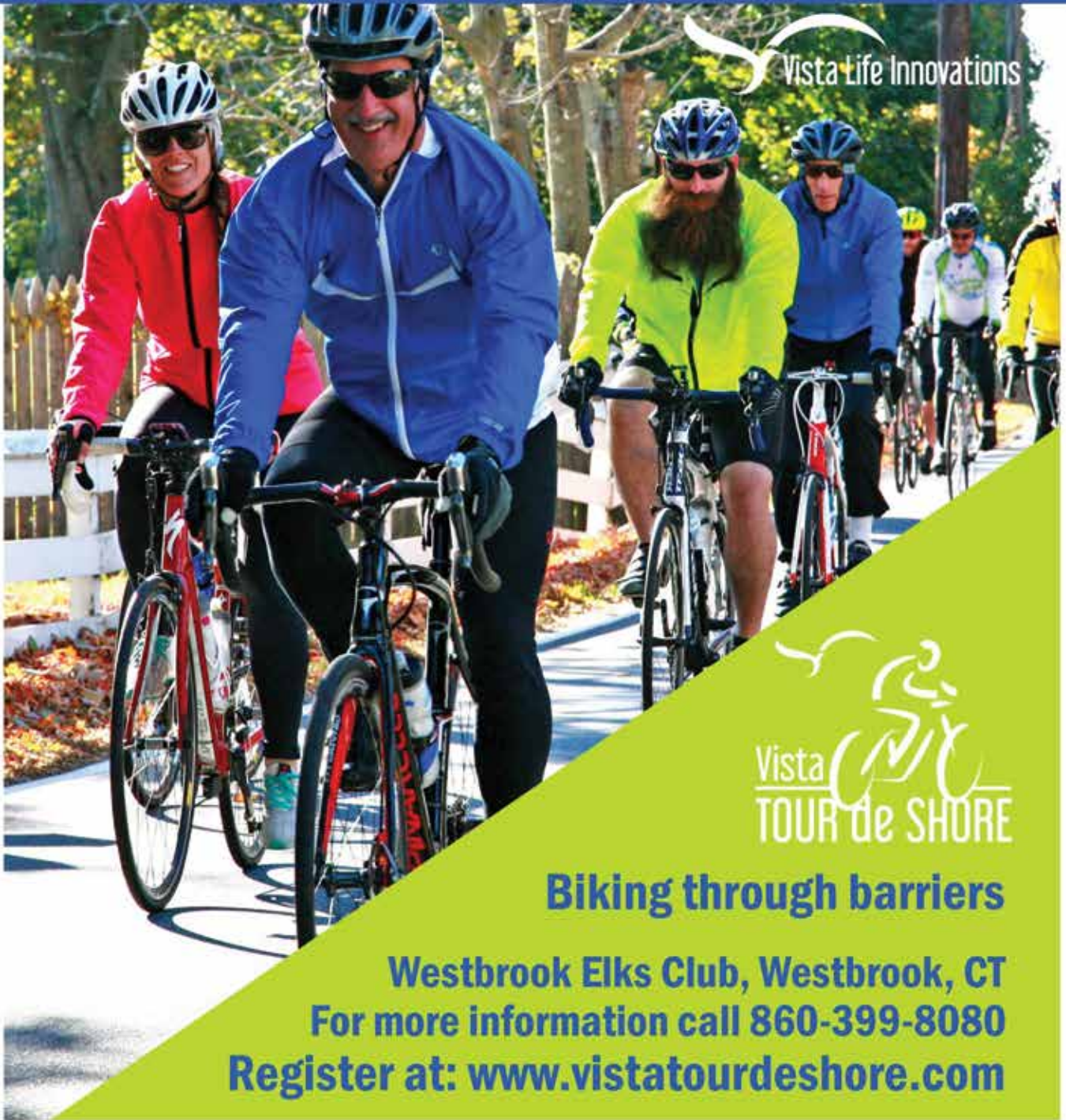
Offered at \$1,595,000

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SUNDAY, OCTOBER 16



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Westbrook Elks Club, Westbrook, CT

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Register at: www.vistatourdeshore.com





Stapleton Kearns, "Stone Wall at Robert Frost House," oil

FALL LANDSCAPE WORKSHOP

Stapleton Kearns will be returning to teach one of his fabulous landscape workshops this fall. This 3-day event will be held on

October 29, 30 and 31 and will be conducted outside, walking distance from the Lyme Art Association, as well as at nearby farms a short drive away. This workshop is open to artists of all levels of experience. While Stapleton works in oils, the art principles he teaches apply to all media, so it's fine if you want to use watercolor, acrylic, etc. To register, please call the Lyme Art Association at 860-434-7802

DECK THE WALLS AND CELEBRATING LYME'S BEAUTY

On view: November 25 to January 6, 2016.

Opening Reception: Friday, December 2, 5-7 pm.

The Lyme Art Association's annual holiday show and sale features over 200 works of art in all sizes and mediums by member artists. This exhibition is a great place to find gifts for family and friends. Take advantage of tax-free shopping from 5-7 pm on December 2, and from 10 am - 5 pm on December 3. Admission is free but a \$5 donation

is suggested. Lyme Art Association, 90 Lyme Street, Old Lyme 860-434-7802; lymeartassociation.org

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Lyme-Old Lyme Chamber of Commerce Presents Scholarships to Local Students at Annual Meeting



From left to right, back row: State Rep. Devin Carney, Lyme-Old Lyme Chamber President Mark Griswold, Brett Hartmann, Gabriel Barclay, Austin Pilgrim, State Senator Paul Formica, State Senator Art Linares, Lyme-Old Lyme Chamber Scholarship Chairman Russ Gomes; front row: Meredith Kegley, Allison Marsh and Sloane Sweitzer.

Gabriel Barclay, Brett Hartmann, Austin Pilgrim, Sophia Romeo and Sloane Sweitzer, all of Old Lyme, are the 2016 recipients of the Business Leadership Senior Scholarships awarded by the Lyme-Old Lyme Chamber of Commerce.

Meredith Kegley of Lyme and Allison Marsh of Old Lyme are the


2016 recipients of the inaugural Senior Scholarship for Promise and Achievement in the Arts also awarded by the Chamber.

All the students, except Sophia Romeo who was unable to attend due a college orientation commitment, were presented with their awards at the Chamber's Annual Meeting held June 15 at the Old Lyme Country Club.

The students were also acknowledged with Proclamations from the State Legislature presented by State Senators Paul Formica (R-20th) and Art Linares (R-33rd) and State Representative Devin Carney (R-23rd), all of whom graciously attended the meeting.


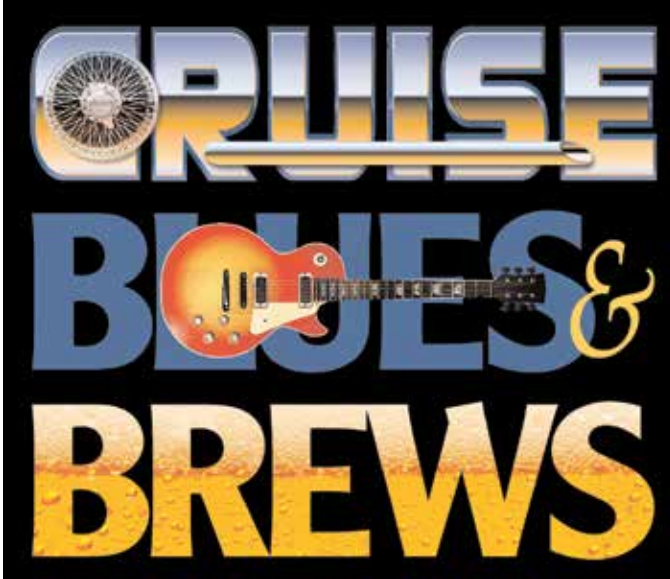
The Lyme-Old Lyme Chamber of Commerce Scholarship program has awarded over \$33,000 in scholarships and grants to local students since its inception. The Chamber Scholarship Fund is supported through donations to CMRK clothing donation bins located in Lyme and Old Lyme: at the Lyme Firehouse, behind The Bowerbird, at 151 Boston Post Rd., and on Rte. 156 at Shoreline Mowers.

For more information about the Lyme-Old Lyme Chamber, visit www.visitoldlyme.com.



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Eastern Connecticut Ballet's The Nutcracker



Saturday, December 10, 2016 | 1:30 pm & 7 pm

Sunday December 11, 2016 | 1:30 pm

Share the magic and pageantry of the world's most beloved ballet with friends and family of all ages. New York City Ballet sensation, Sara Mearns, "the great American ballerina of our time," returns to the Garde Arts Center in New London for another

brehtaking performance with Eastern Connecticut Ballet. New London's own "Nutcracker" is both a holiday tradition and a tour de force. Sharing the spotlight are guest artists from NYCB and Pennsylvania Ballet and more than 100 professionally trained dancers from ECB. Thirty-five musicians from Eastern Connecticut Symphony Orchestra, conducted by Maestro Paul Polivnick, perform Tchaikovsky's masterpiece. Join Clara on her spectacular journey around the world. Applaud her brave-hearted Nutcracker, The Snow King and Snow Queen, sailors and toy soldiers, the comical Mother Ginger, waltzing flowers, dancing snowflakes, and of course, the exquisite Sugar Plum Fairy. Sail away on an enchanted ship from a seaport very much like New London in the 1850s and watch a battle on the high seas and a snowstorm in the Arctic. Live

music and classic ballet in the tradition of Balanchine make this "Nutcracker" simply unforgettable.

Performances are Saturday Dec 10th at 1:30 & 7 pm and Sunday Dec 11th at 1:30 pm. Tickets are available at The Garde Box Office. Call 860-444-7373 x1 or visiting gardearts.org.

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Musical Masterworks



Edward Arron, Artistic Director.
Photo credit: Ania Simpson

Saturday, October 22, 2016 at 5 pm

Sunday, October 23, 2016 at 3 pm

We begin our next quarter of a century with the music of J.S. Bach, we are joined by the extraordinary flutist Tara Helen O'Connor.

- Tara Helen O'Connor, flute
- Adam Neiman, piano
- Edward Arron, cello

Bach: Sonata in E-flat Major for Flute and Keyboard, BWV 1031

Chopin: Ballade No. 2 in F Major for Solo Piano, Opus 38

Gaubert: Trois Aquarelles for Piano, Flute and Cello

Debussy: Syrinx for Solo Flute

Weber: Trio in g minor for Piano, Flute and Cello, Opus 63

Saturday, December 3, 2016 at 5 pm

Sunday, December 4, 2016 at 3 pm

We welcome back the intrepid and ever-popular ensemble Brooklyn Rider, as they pair a new work by their own violinist/composer Colin Jacobsen with Beethoven's pivotal "Serioso" String Quartet.

Brooklyn Rider

- Johnny Gandelsman, violin
- Colin Jacobsen, violin
- Nicholas Cords, viola
- Michael Nicolas, cello
- with Edward Arron, cello

Boccherini: String Quintet in E Major, G. 282

Beethoven: String Quartet in f minor, Opus 95 "Serioso"

Colin Jacobsen: BTT for String Quartet (2016)

Remainder of program to be announced.

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Lyme-Old Lyme Schools Welcome Community to Visit Schools



The Lyme-Old Lyme High School Band and Chorus are seen here performing together in a concert at the high school.



A vibrant scene from a recent musical performed at Lyme-Old Lyme High School.

Lyme-Old Lyme (LOL) Schools not only offer an exceptional, well-rounded education program to the youth of Lyme and Old Lyme, but also are pleased to welcome all members of the community to a variety of events throughout the year. All of our high school and middle school concerts, plays and musicals are open to the public with tickets on sale through our website at Region18.org and also - if not already sold out - at the door. Similarly, we welcome the public to join us at all our sporting events from soccer and baseball games to fencing and track meets. Details of high school sporting events can also be found

on our website or at the Connecticut Interscholastic Athletic Conference website casciac.org. You can also find information on our website Region18.org about other special events including those involving our robotics team, 'The Techno-Ticks,' which holds an annual 'Bash at the Beach' where the public

is invited to attend.

Our schools are also used by the Towns of Lyme and Old Lyme for various public meetings and can also be rented by organizations or individuals by contacting Marcia Welsh 860-434-7238 in our Facilities Department to determine availability and fees.

We would also like to remind the community that our schools are always open to prospective students and their families. We have an incredible school system that we are proud to show off to anyone considering moving here from other areas of the state or country and also to those who are thinking of attending as tuition students. If you have recommended LOL Schools to a relative, friend, or colleague, we thank you sincerely and ask that they contact our Central Office 860-434-7238 to set up an appointment with the appropriate school for a visit.

If you have any questions about our schools, please do not hesitate to contact me – my door is always open.

Ian Neviaser, Superintendent, Lyme-Old Lyme Schools
neviaseri@region18.org

Welcome to the Old Lyme Town Band 42nd Concert Season!



Ring in the holiday season with Old Lyme Town Band. On December 17, 2016 at 7 pm the Old Lyme Town Band will be

performing their annual Holiday Pops Concert at The Kate (The Katharine Hepburn Cultural Arts Center) in Old Saybrook. Conductor Carolyn Whinnem and the Old Lyme Town Band will bring musical delights to audiences of all ages. Selections will be chosen from Broadway classics, English Folksong Suite, Caprice for

Saxophone, Carmen Suite, and of course everyone's old and new holiday favorites. Checkout our Website or Facebook page for more details.

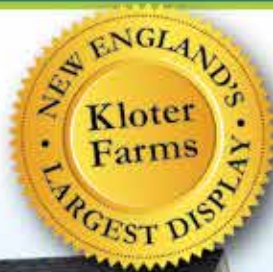
JOIN THE OLD LYME TOWN BAND
 Old Lyme Town Band is seeking to grow and flourish the sound of our band! Membership is open to all interested musicians from students to retirees who play wind, brass or percussion. There is no audition requirement. We only ask that our members commit to one rehearsal

that our members commit to one rehearsal

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OLD LYME BAND... continued from page 54

a week and perform in our concerts. OLTB has a way of creating a supportive atmosphere for the creation and enjoyment of music while providing an opportunity for fellowship between musicians from all walks of life and ages. The commitment to the love of music has kept Old Lyme Town Band growing for over 42 years. The fifty member ensemble meets weekly to rehearse at Christ the King Church in Old Lyme beginning September 19th at 7 pm. Prospective members are encouraged to contact us and come to rehearsals.

For more information email: gsoli762gmail.com or call 860-608-2405.

Website: <http://oldlymetownband.blogspot.com/>

You can find us on Facebook: <https://goo.gl/Gk4Umj>

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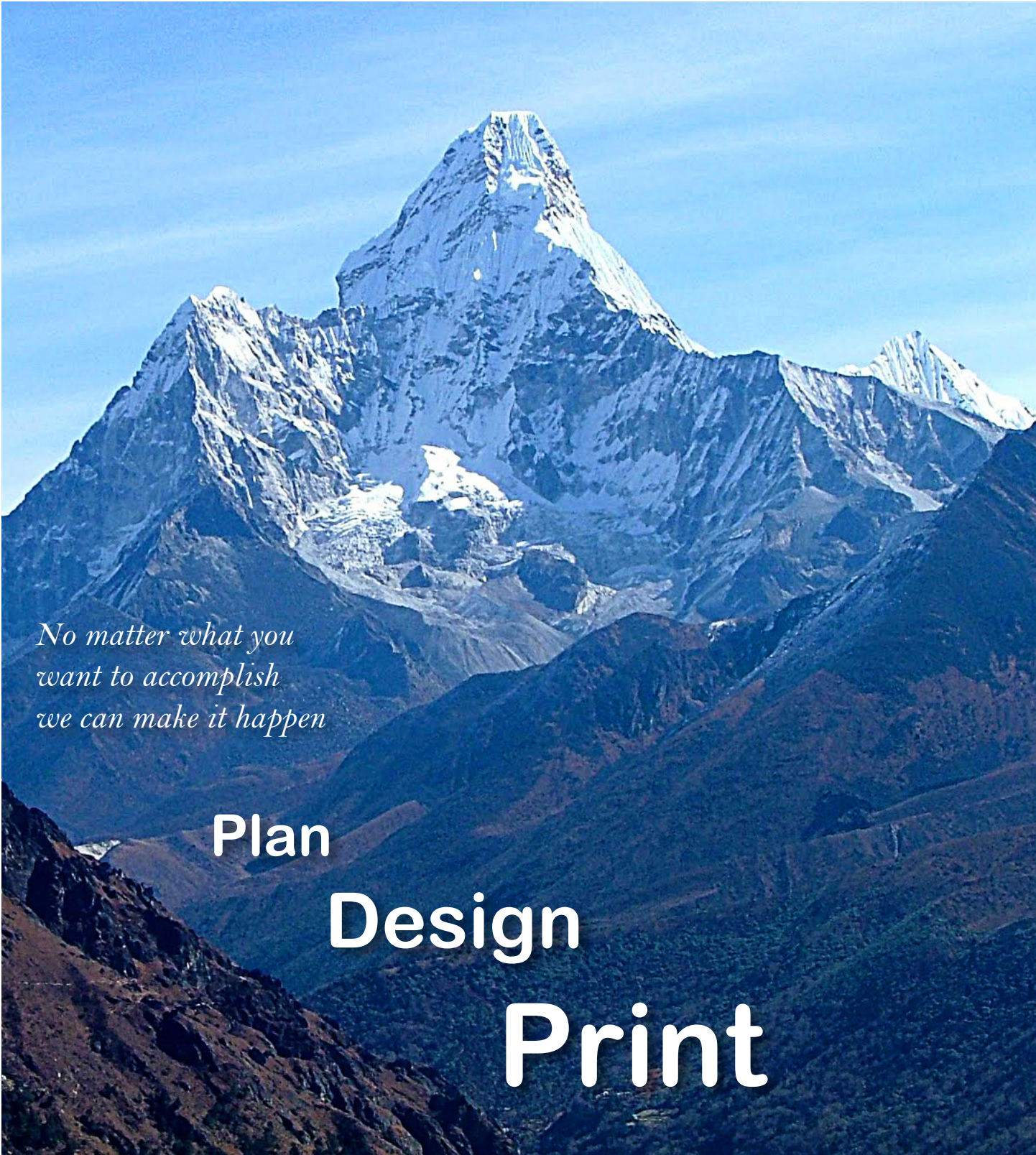
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